

# Steel Magnolias

## Breast Cancer Support Group, Inc.

### A New Year And New Goals

How many of you have made New Year's Resolutions this year? Personally I have before and by late January or early February it is not happening. The key is to make realistic and meaningful goals. I guess we all set goals and there is no better time to start than the beginning of a new year.

We want to expand our services to help cancer patients and that is one of our goals this year. We are working on some ideas and trying to find how to implement them,

We will have the Lea Fite Golf Tournament at Pine Hill Country Club again this year. Please consider being a part of making this a successful golf tournament whether you play, help in putting it on or if you want to be a sponsor. Make it one of your goals this year.

We are looking for help in our office to work on Mondays from 9 AM to 2 PM. We want to make sure someone is in our office Monday through Friday for our clients convenience. If you are interested in helping, contact the office at 256-231-8827. You do not have to be a survivor to work in our office. We need someone to answer the phone and assist clients with a wig or bra. Make this one of your goals this year.

We will continue to have monthly meetings in the private dining room at RMC. We will try and have guest speakers that will bring value to the group. We have the room reserved from 5 PM to 7 PM to eat and have our meeting. Make it a priority to join us and make it one of your goals this year to be a part of the Steel Magnolias.

We want to get back in the schools with our School Girl Program. In the past this has been one of the most important missions for the Steel Magnolias. We are looking for someone to help conduct this program in schools in Calhoun and surrounding counties. It is very important for girls in grades 9-12 to understand how to do self breast exams. They need to know their bodies and how to recognize changes. Will it be you who steps up to help us educate these young women? Make it a goal to get involved with us this year.

We love what we are able to do in our community. We love the support we have from businesses in Calhoun and Cleburne counties. It is a blessing to be in a position to help others. If you want to experience some of the joy and be part of the blessing make it a goal to help us this year. You won't regret it!

Let us know if you would like to be a part of Steel Magnolias!

January 20, 2026



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Pat Yates, Treasurer  
Group Chaplains: Gloria Woosley  
and Sherry Grinstead  
RMC Chaplain, Wayne Jackson  
Photographer: Elaine Johns

Pinks Boutique: For Appointment  
Call our Office @ 256-231-8827  
Physicians Center, STE 407  
901 Leighton Ave.  
Anniston, AL 36207

[www.steelmagnoliasinc.org](http://www.steelmagnoliasinc.org)

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**Sharing love  
through support**

Email us at  
[support@steelmagnoliasinc.org](mailto:support@steelmagnoliasinc.org)

## Steel Magnolias and Men of Steel Christmas Brunch 2025

Everyone started arriving Saturday, December 6<sup>th</sup> at the Oxford Library in a festive mood! We hadn't been together since our October meeting and it was good to see everyone. Our President, Brenda Parker welcomed everyone and Chaplain Wayne Jackson blessed our meal. Amy's Catering prepared our meal and everyone enjoyed it. While we were finishing eating Mike Stinson and Susan Landress performed 60's a 70's music.

Nancy had a game for us to play, "What's in the Stocking" things associated with Christmas. Cheryl Whaley guessed more than anyone and she won a wooden snowman.

Margaret Taylor recognized our office workers and she gave a report on how many women we had helped in the Pinks Boutique, on how many care packages we have given out, the number of meal vouchers distributed and the number of compression garments we have helped people with in 2025.

Elaine Johns recognized those who help with the newsletter each month. Starting with Ronda Terrell getting the minutes together to Elaine creating the newsletter: Elizabeth McCabe for her help in keeping our wording and grammar in check to Gloria and Jane folding the newsletters and stuffing envelopes. It takes a team!

Nancy's next game was guessing "How Many Kisses are in the Jar". Pat guessed the number or was the closest to it and won the jar of kisses!

Mike and Susan preformed again singing Gospel Christmas songs.

Nancy recognized our veterans. Our veterans attending were; Jimmy Taylor, Steve Stephens, Walter Lawson and Matthew Griswold. Thank you all for your service.

Nancy and Wayne both spoke on behalf of Chaplain Jim Wilson who passed away in 2025. Chaplain Wilson was instrumental in getting this group started and helped to provide us with our office and Pinks Boutique. We are forever indebted to him. Chaplain Wilson will be missed by many; he touched so many lives.

Elaine Johns presented our volunteer of the year award to Nancy Burnell. Nancy secured the most votes at our last meeting and it is well deserved. Nancy puts a lot of work in to making our Christmas Bruch a success. She comes up with the games, the theme, the food, the entertainment, the venue and the list goes on! She is faithful coming to our meetings and serving on our board of directors. She may live in Birmingham most of the time, but she continues to help with the Lea Fite Golf Tournament each year. To put it mildly, she is dedicated to the Steel Magnolia Breast Cancer Support Group.

Ronda Terrell then led us in singing Christmas Carols.

Walter Lawson closed the brunch with prayer.

We had Red Poinsettias for everyone to take home.

Enjoy Christmas and remember that Jesus is the reason for this season.

See you next year!

Submitted by:

Elaine Johns





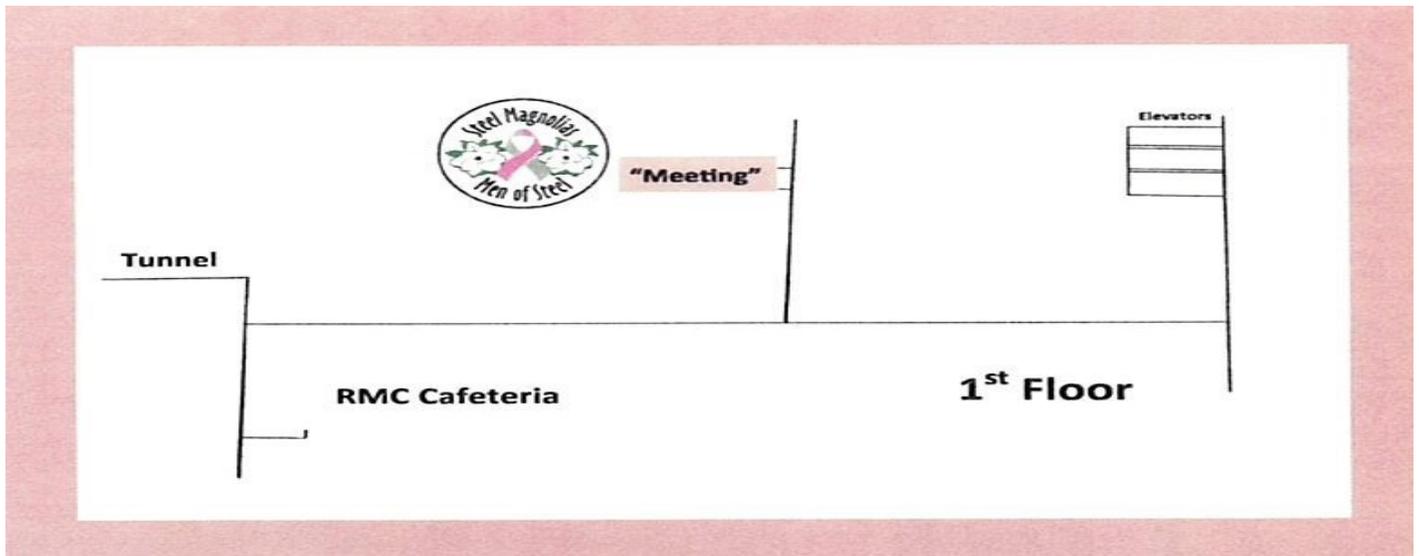
Christmas 2025

## Birthdays and Anniversaries

February 18<sup>th</sup> is Margaret Taylor's Birthday and she is a 21-year survivor!

### Up Coming Events

January 27<sup>th</sup> is our next Steel Magnolia meeting in the private Dining room at RMC. RMC will provide our meal. We will have Macaroni and Cheese along with Chicken fingers; Steel Magnolias please bring side dishes and desserts. Our speaker will be Brenda Parker. Everyone please try to attend and bring a friend! I am including a map for anyone new who would like to come but is not quite sure how to get there.



February 17<sup>th</sup> will be our next newsletter mailing day. If you have anything for the newsletter, please send it to [elaine@steelmagnoliasinc.org](mailto:elaine@steelmagnoliasinc.org) or mail it to our office at PO Box 2208 Anniston, AL 36202 by February 11<sup>th</sup>.

February 26 & 27 RMC Foundation will have a Heart Screening event at the Tyler Center. The cost is \$50 for the screening and it covers an EKG, a lipid profile, a blood pressure screening, a complete metabolic profile and a C-protein screening. The contact information is on the flyer to the right. Don't take your heart for granted, stay healthy!

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**Don't forget your  
Valentine!**

YOUR HEART HAS PLANS.

**\$50 SCREENINGS**

FEBRUARY 26 & 27

\$50 screenings include:

- EKG
- Lipid Profile
- Blood pressure screening
- Complete metabolic profile
- C-Protein
- Heart Day T-Shirt

**CALL 844-RMC-APPT!**

REGIONAL MEDICAL CENTER FOUNDATION



**On November 18<sup>th</sup> Brenda Parker and I met at Sunny King Honda and we were presented with a check from Patty King and John Bryan. Sunny King Toyota and Sunny King Honda raised money for the Steel Magnolias by donating \$50 for each vehicle sold during October, Breast Awareness Month. They have helped us since 2018 during October. We can never thank you enough and your support is PRICELESS!**

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*November 10, 2025*

*Steel Magnolias,  
Thank you for service  
to Breast Cancer Survivors.  
We donate this \$200 in honor  
and in memory of Marti Warren,  
AAK member and breast cancer  
survivor. Thank you,  
June Land Reaves, member  
Cheryl Cotton - Altruistic Chair.  
AAK*

**Marti Warren would be so thrilled to know that her Calhoun County ALPHA DELTA KAPPA LAMBDA CHAPTER OF WOMEN EDUCATORS continues to support the Steel Magnolias every year. It means so much to us also. Marti was a great warrior for our group! Thank you ladies for your continued support.**



**C.A. Russell Ford pledged \$25 per vehicle sold in October during Breast Cancer Awareness Month to the Steel Magnolias. Donna Mitchell presented the check to Elaine. Thank you Tony Russell for your support!**

**Let me tell you guys about this lady in the picture to the right. She has been a member of the Steel Magnolias before I joined in 2012. Her name is Jessie Rhodes and I know who she is because she sends us \$25 a month for long time. Jessie is a friend of Gloria's and Gloria invited her to join our group as a volunteer. She no longer lives here, but the Steel Magnolias is close to her heart. Jessie's daughter Leslie was diagnosed with triple negative breast cancer several years ago and had a double mastectomy. She is a survivor! Jessie is part of a group of ladies that meet at Gloria's for a bible study. They have the bible study, they eat, they laugh and they celebrate each other's birthdays. This year Jessie asked for no gifts, but to give the money as a donation to the Steel Magnolias. All the ladies donated and they presented the Steel Magnolias with \$105.**



**A dedicated supporter!**

**Thank you Jessie and everyone in your bible study!**

## **“Our Services Condensed”**

- **Monthly Group Meetings on the 4<sup>th</sup> Tuesday of every month except November and December.**
- **“Pinks Boutique” stocked with mastectomy bras, breast prosthesis, knitted knockers, wigs, hats and scarves free to cancer patients.**
- **Care packages for newly diagnosed breast cancer patients.**
- **Dining Vouchers for two family members of any cancer patient in surgery at Regional Medical center in RMC’s cafeteria.**
- **Snacks are provided in RMC’s oncology and radiation oncology departments. They are also provided in Clearview Cancer oncology room and Alabama Cancer Care.**
- **Breast Cancer Awareness Program is available to girls in grades 9-12. This program is taught in the school by a trained volunteer under the supervision of a Registered Nurse.**
- **Speakers Bureau: speakers available to civic clubs and churches.**
- **Newsletter: we publish a monthly newsletter that is informative and inspirational. It contains upcoming events along with jokes and a word search puzzle.**
- **Website: [www.steelmagnoliasinc.org](http://www.steelmagnoliasinc.org) and like us on fb.**
- **Men of Steel are the husbands, friends and family members of breast cancer survivors.**
- **Prayer Ministry.**

## **Ways You Can Help**

- **Volunteer**
- **Attend our meetings and get involved with us**
- **Volunteer to work in our office and help with our fundraising events**
- **Contribute: all contributions are tax deductible, we are a 501c3 tax exempt organization. Donations can be mailed to Steel Magnolia Breast Cancer Support Group, PO Box 2208 Anniston, Al 36202. All Contributions are used to provide services to breast cancer patients who reach out to us.**
- **Pray for our ministry.**

I went to the Walmart today , and I was there for literally 5 minutes. When I came out there was a state trooper writing a parking ticket for being in a handicap spot. So I went up to him and said, "Come on, buddy, how about giving a guy a break?" He ignored me and continued writing the ticket. So I called him a pencil-necked cop. He glared at me and started writing another ticket for worn tires! So I then asked him if his psychiatrist makes him lie face down on the couch cause he's so ugly. He finished the second ticket and put it on the windshield with the first. Then he started writing a third ticket! This went on until he had placed 5 tickets on the windshield... the more I insulted him, the more tickets he wrote. I didn't care. My car was parked around the corner.

**Answering the phone "Sheriff's Department, Fraud Division" sure has slowed down the telemarketer calls.**

A small-town cop pulls over a guy speeding down Main Street. "Sir, I can explain—" "Save it!" barks the officer. "You're going to jail. You can explain it to the chief when he gets back!" 🚓 "But really, I just want to sa—" "I said ZIP IT! You can cool off in a cell until then." Hours pass. The cop swings by the holding cell and smirks, "You're lucky the chief's at his daughter's wedding. He'll be in a great mood when he gets back." The guy grimaces... "Yeah... don't count on it. I'm the groom." 🤔🙄🤔

My boyfriend was dying. I was by his bedside when he said in a weak voice, "There something I must confess." "Shhh" I said, "There is nothing to confess Everything is alright." "No, I must die in peace" he said. "I had sex with your sister, your best friend, and a co-worker." "I know" I whispered, "That is why I poisoned you....now close your eyes."

**A lady in the grocery store asked me why some eggs were white, and some were brown... I told her the brown ones were whole wheat...**

A lady goes to the doctor and complains that her husband is losing interest in sex. The doctor gives her a pill, but warns her that it's still experimental. He tells her to slip it into his food at dinner, so that night, she does just that. About a week later, she is back at the doctor, where she says, "Doc, the pill worked great! I put it in his food just like you said. It wasn't five minutes later that he jumped up, raked our plates off the table, grabbed me, ripped my clothes off and ravaged me right there on the table! The doctor says, "I am so sorry, we didn't realize the pill was that strong. The foundation will be glad to pay for any damages." "No," she says, "that's okay, we are never going back to that restaurant ever again."

**After being away on business for a week before Christmas, Tom thought it would be nice to bring his wife a little gift. "How about some perfume?" he asked the cosmetics clerk. She showed him a bottle costing \$50. "That's a bit much," said Tom, so she returned with a smaller bottle for \$30. "Thats still quite a bit," Tom groused. Growing disgusted, the clerk brought out a tiny \$15 bottle. Tom grew agitated, "What I mean," he said, "is I'd like to see something real cheap. "So the clerk handed him a mirror.**

# Be My Valentine

N C N O R C A I Y A D I O T E H U U H T  
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Heart	love	cupid	arrow
card	candy	chocolate	roses
flowers	dinner	romance	happy
friendship	party	affection	gift
couples	kiss	commitment	adore
cherish	hug	secret admirer	relationship