

Steel Magnolias

Breast Cancer Support Group, Inc.

Dream—Purpose—Dedication—Validation

June 20, 2011

The Dream

The late Brenda Johnson, Calhoun County School Nurse Supervisor, contacted me in early 2007 about our possible interest in her dream of an awareness program that would be conducted in local high schools, teaching girls 7th-12th grades how to do BSE, (breast self exam.). She sent this Email: "Too long we have not included young people when we talk about breast cancer. They deserve to know what breast cancer is all about. If we get them when they are young and very impressionable, we might be able to help them develop good health habits. They need to know cancer is not always hereditary and that doing a self breast exam, even as young as they are, might one day save their life. So many times young ladies don't do self breast exams because they think, 'Because I am young, there is nothing to worry about.' We are seeing younger and younger women being diagnosed with breast cancer. If we reach them when they are young, we will be able to change the

way people think about breast cancer. From my heart, Brenda.

"Vision without action is a dream. Action without vision is simply passing the time. Action with vision is making a positive difference." Joel Barker

I spoke with a couple of people at RMC about Brenda's dream. At first, I considered drafting Steel Magnolias booklets for the program. Susan Williamson was helping me brain-storm. However, a drive over to Hokes Bluff for "Crusin' For the Cure" set me on another course.

Sunday, October 7, 2007, I Emailed this message to Brenda: "Hi Brenda, On Saturday, Prentiss and I went to *Crusin' For the Cure* at Hokes Bluff. Ellen Zahariadis, Executive Director of the NC Alabama Affiliate of the Susan G. Komen Foundation was there. I talked with her about our need for a breast form teaching aid. I also talked to her about our idea of drafting a booklet that would be given to the girls. Ellen said, "We already have an

excellent booklet for young girls, *We're Taking Care of Our Lives...Young Women Talk About Breast Cancer.*" I went on to tell Brenda that I already had a few registered nurses on board.

Brenda Johnson lived long enough to receive, from the School Nurse at Weaver High School, a big thank you, as did Steel Magnolias, for starting the School Girl Awareness Program.

I truly believe that in Heaven, Brenda Johnson shouted when Margaret was named most valuable volunteer in health care. Helen Henley also received the Juliette P. Doster Award for her tireless work as Chaplain's Assistant at RMC. Helen is Steel Magnolias' agent in Same Day Surgery.



Sharing love through support

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(256) 235-5146

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Pinks Boutique(256) 231-8827

Pictured to right:

Margaret Taylor, Director of Steel Magnolias School Girl Program.

Juliette P. Doster

Helen Henley, Chaplain's Assistant



Each recipient was given a \$1000 grant to contribute to the nonprofit organization of their choosing. Margaret contributed her grant to Steel Magnolias and Helen Henley chose Interfaith Ministries as her beneficiary.




Margaret Taylor, Lenora Johnson




Chaplain Jim Wilson, Margaret Taylor, Helen Henley, Lenora Johnson





Margaret Taylor
Director, School Girl Awareness



Helen Henley
Assistant Chaplain

We celebrate your much deserved
Juliette P. Doster Awards

Steel Magnolias School Girl Awareness Program

Purpose



Mimi & Papa Johnson's Precious Beauties

The purpose of the Steel Magnolias School Girl Awareness Program is very simple! We believe it is our responsibility and the responsibility of every survivor to educate our daughters and granddaughters, equipping them with knowledge about their bodies, enabling them, should they ever have a lump develop and it be a malignant diagnosis, to have their cancer diagnosed at the most treatable stage.

I'm A Steel Magnolia
Verse Three

We cross the oceans, climb mountains steep,
Praying for the cure, our daughters to keep.
We are STEEL MAGNOLIAS!

Dedication

Probably one of the most painful conditions associated with establishing and maintaining a grassroots program is the exhaustion caused by having to stay the course until other people see the value and embrace the effort. In today's society, it is a struggle to dedicate oneself to a volunteer effort. In the directorship of the School Girl Awareness Program, Margaret Taylor committed herself wholeheartedly to the task of contacting registered nurses. So that schools could give informed consent, Margaret arranged appointments with school superintendents, explaining the Steel Magnolias School Girl Program, providing examples of booklets and posters and showing a professional breast form kit. Once a date was set at the appointed school, the school girls took priority over other events that shouted for attention.

Helen Henley was a loyal volunteer, in the Chaplain's Service, long before the founding of Steel Magnolias. There was a time that all Steel Magnolias care packages were mailed or when possible, delivered. After Chaplain Wilson and Steel Magnolias moved into the Physicians Center, it was a big advantage to everyone when Helen began delivering care packages to breast cancer patients in Same Day Surgery and dining vouchers to family members of any cancer patient in surgery at RMC. Dining vouchers, two to a family, are a way of letting these hurting families know someone cares that they are there. Dining vouchers are also available on the 4th floor of the main hospital. Wanda is responsible for distributing them as needed. Helen has a love for hurting people and is much loved by everyone at RMC.

Validation

Margaret Taylor and Helen Henley have never sought the limelight. However, being validated, when in the service of others, is confirmation that the work of survivors is valuable and appreciated. At the Awards Ceremony, David McCormack, CEO of RMC, made note that both Margaret and Helen had already retired from careers and almost everyone would expect them to claim the personal leisure they earned. Instead, these two special ladies chose to give of themselves to help others.

Thank You

Thank you Ms. Juliette P. Doster for your contributions to our NE Alabama communities! Your legacy of good works in the field of health care and the arts has benefitted all of us.

May 24 Job/Health Fair



Larna Williams, Hospice Care Consultant, New Beacon Hospice; Tabitha Royal, AIDB Senior Services Rep.; Sheila Gaddy, Publicity Chair, Steel Magnolias, Inc.

Gadsden State Community College and AIDB Senior Services hosted a Health/Job Fair at Gadsden State Cherokee Center on May 24. Steel Magnolias, Sheila Gaddy was available to speak, one-on-one about the services available to our clients. Participants were able to speak to Health/Job Fair recruits about jobs and learn more about different careers and training opportunities available to them. The theme was baseball. Vendors decorated tables with baseball gloves, bats, shirts and hats. A day of education and fun, while enjoying snacks~popcorn, peanuts and cracker jacks.

Learn more Summer Event information by calling (256) 231-8827 or logging on to <www.steelmagnoliasinc.org>

Submitted by Sheila Gail Gaddy, Publicity Chair

May 24 Fish Fry/Birthday Party

While Sheila was in Center, representing Steel Magnolias, Prentiss and I were in Hoover, celebrating our granddaughter, Olivia's 11th birthday. Faynell and Feltis McGriff, great-grandparents and widely known for their

fish fries, provided Crappie, cold slaw, French fries and hush puppies for this family celebration. Prentiss and I contributed our appetites and Dad's barbecue baked beans. Olivia is recognized as the image on our brochure and School Girl Awareness posters.

Olivia was diagnosed with Type I Diabetes at the age of 18 months. For Christmas, 2002, I gave her the gift presentation of *I Hope You Dance* and wrote a personal message about the importance, in spite of obstacles, of living life to the fullest. The following Christmas Van and Michelle gave me this picture, 11x14, matted and framed, with a message on the matt, "Dancing like my Mimi, Olivia"



May 24, 2011

Steel Magnolias & Men of Steel Meeting

The Steel Magnolias Breast Cancer Support Group, Inc. and Men of Steel met at 5:00 pm, May 24, 2011 in Suite 406 of the RMC Physicians Center. The meeting was called to order by President, Marti Warren. Dr. Dave Roberts provided the opening prayer. There were twenty-three people in attendance.

Chaplain Sherry Grinstead was introduced by President, Marti Warren. Sherry read a moving story of *Mother's Love* and provided each person present with a beautiful rose to highlight the discussion. Sherry also passed out the June-July-August pamphlet, from Trinity Baptist Church, "Our Daily Bread." She read the prayer list for May and concluded her discussion with our dinner prayer.

RMC provided a variety of sandwiches, with Steel Magnolias providing side dishes and desserts. In appreciation of his time Dr. Dave Roberts was first at the table.

Following a time of food and fellowship, Marti Warren recognized Dr. Roberts as spokesperson for the second annual, July 23rd Lea Fite Memorial Golf Tournament.

Dr. Roberts report is as follows:

The tournament has been rescheduled for July 23, 2011 with an 8:00 am shotgun start.

Last year's tournament had 104 golfers and it is hoped that this year's tournament will equal or exceed that number.

This years' tournament needs more participation than last years great number of volunteers. Workers need to arrive at 7:00 am to set up for the tournament participants' arrival.

SPORTS AUCTION

Dr. Dave Roberts has acquired two highly coveted football jerseys: An autographed, National Champion, Auburn Tigers, 2010 Heisman Trophy winner, Cam Newton football jersey and an autographed National Championship, Alabama Crimson Tide, 2009 Heisman Trophy winner, Mark Ingram football jersey. Bidding on each jersey will start @ \$175.00. Certificates of authenticity are included with each jersey.

HOLE IN ONE

Buster Miles Ford is providing a prize of \$10,000 towards a new or used car for a hole-in-one at the Lea Fite Memorial Golf Tournament.

Everyone in attendance were asked to talk with golfers they know about participating in our July 23 tournament, as well contacting local and area businesses and individuals about the purchase of hole sponsorship signs that will be placed at each tee. Advertising signs are \$100 per sign.

In 2010, all 104 golfers received a door prize. This year the tournament is striving to continue the trend and provide all golfers with a desirable door prize. All Steel Magnolias and Men of Steel are encouraged to ask local merchants and friends for items of value for our golfers. Everyone was encouraged to invite family and friends to be at Pine Hill Country Club the morning of July 23, and join the fun with Steel Magnolias.

Business Meeting

In the absence of Secretary, Margaret Taylor and Acting Treasurer, Lenora Johnson, the minutes and financial report was presented by President, Marti Warren. Both were approved as read.

Marti reported that Zaxby's in Anniston was having a "Zaxby's Gives Back/Steel Magnolias on Saturday, May 28, 2011. She invited all to choose Zaxby's for lunch and participate in the festive atmosphere. Advertising Fliers for the event were passed out. Marti also asked members to volunteer to help fill beautiful bottles with bath salts that would be made available for sale at the July, Steel Magnolias Bazaar.

There being no other business, meeting was adjourned.

Submitted by Marti Warren, President




Financial Report


May		Balance Brought Forward	\$7,975.63
01 (-)	100.00	Lenora Johnson: Monthly Expense	7,857.63
10 (-)	861.19	Advanced Printing: 350 note pads 117.25, 1200 bookmarks 264.00	
		3 color signs 40.00, 1000 ink pens 439.94	6,996.44
10 (-)	13.00	Kyuka Waters: Anniston Oncology	6,983.44
12 (-)	650.00	American Awards: 1000 Lapel pins	6,333.44
12 (-)	298.29	Margaret Taylor: Reimburse for Office Max 98.98(ink cartridges for office, Sam's Club 199.31 (Snacks)	6,035.15
31 (+)	610.54	Deposit-Bear Raffle 46, Women of Character 35, March Bake Sale 25, Bowling League 282.54, Zaxby's Fund raiser 222.00	6,645.69

Steel Magnolias

BAZAAR

Exquisite Auction & Sale Items




Bazaar—Great Prices

Creative Ideas

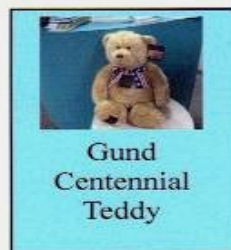
Marti's Recycled Antique Jewelry

Household Items

Christmas In July

Bath Salts in Beautiful Bottles

Centennial Teddy by Gund Contributed by Bear Hugger, Gerri Smith
 \$1.00 Raffle Tickets available!
 Winner named at the July 28 New Beginnings Banquet



THURSDAY AND FRIDAY
JULY 14 & 15, 2011
RMC Main Lobby
8:00 AM—6:00 PM

Steel Magnolias Dining Vouchers
 Two dining vouchers are given to
 the family of any cancer patient in surgery at RMC

Proceeds from the July 14 & 15 Steel Magnolias Bazaar
 Will pay for cancer patients' family members to eat
 In the Regional Medical Center Cafeteria
 (Winners of some auction items will be named at the July 28 New Beginnings Banquet
lenora@steelmagnoliasinc.org <www.steelmagnoliasinc.org>

Find a treasure

Shop at
 Steel Magnolias
 Bazaar
 &
Buy 2 meals for
 the family

\$5.00 DINING VOUCHER \$5.00

For the family of Cancer Surgical Patient

Courtesy of:
Steel Magnolias Breast Cancer Support Group, Inc.
www.steelmagnoliasinc.org
 Not redeemable for cash
 No Change
 Good ONLY in hospital cafeteria

\$5.00

More Info and to
 donate Bazaar
 items.... Call
 (256) 231-8827
 (256) 239-0855-
 (256) 447-9822

Attention!!!
Please note!

Correction!
 New Beginnings
 Banquet is
 Scheduled for

Tuesday
 July 26, 2011

**Steel Magnolias,
 Volunteers and
 Friends—**

**Please bring
 your contribu-
 tions for the Ba-
 zaar to our office
 at the RMC Phy-
 sicians Center
 suite 407, as soon
 as possible or
 bring to the Steel
 Magnolias meet-
 ing, Tuesday
 June 28, in the
 Cancer Resource
 Center. 5 pm**
**Please call to contrib-
 ute or volunteer**



Representative Lea Fite

2nd Annual Lea Fite Memorial Golf Tournament

Sponsored by
Mike Sanders - Food Outlet

Hosted By
Men of Steel

To

B
E
N
E
F
I
T



2 Mulligans/Throw/Skirt
At registration \$15
After registration \$20

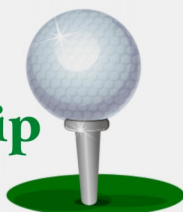
Prizes based on full field

1st Flight
1st place team \$600
2nd place team \$400

2nd Flight
1st place team \$200

Shot Gun Start

**Hole
Sponsorship
\$100**



Steel Magnolias
PINE HILL
COUNTRY CLUB

Saturday,

July 23, 2011

Tee Time: 8:00 a.m.

S
P
O
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T
S

*University of AL Heisman Trophy Winner,
Mark Ingram autographed jersey*

*Auburn Heisman Trophy Winner,
Cam Newton autographed jersey*

Bidding on each jersey to start at \$175.00

A
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N

Entry Fee \$50 per player

4 man scramble \$200

Lunch will be served

**Sincere
Thank You!**

Mike
Sanders...
Food
Outlet
Tournament
Sponsor

Zaxby's
Food
And
Tea

Star Bucks
Coffee
Coffee Cart

Coca Cola
Donation of
Cokes & Water

Walgreen
Drug Store
Free Water &
Volunteers

Area
Business
Owners
Contribution
Of door prizes
For the Golfers

Businesses &
Individuals

Without your
labor, this event
could not have
happened

For more information
contact Jimmy Taylor at (256) 463-7620 or email: <tjimmeg63@aol.com>

Thank You

There are very few times that Steel Magnolias gets a response from a client, and that is understandable, after all, these ladies are making a journey into the unknown, facing questionable futures. However, when Steel Magnolias receives a card, an email or a phone call, acknowledging a service provided by Steel Magnolias, it renews our focus to work even harder. Earlier this month, Steel Magnolias received a large contribution from a special lady that we helped. Like so many of us, she had lost sight of a future. We are extremely thankful that God has opened the doors of Heaven, restoring her belief in tomorrow. We are humbled and motivated that she remembered Steel Magnolias in such a meaningful way.

Mark Your Calendar

Tuesday June 28, 2011: Steel Magnolias and Men of Steel Meeting, 5:00 pm in the Cancer Resource Center, RMC Physicians Center, Suite 406. Important Meeting! Last chance to brainstorm about the Bazaar and the Lea Fite Memorial Golf Tournament. Please bring items for the Bazaar and door prizes for golfers to this meeting. Potato Bar provided by RMC. Everyone please bring either a salad, light dessert or fruit.

Thursday & Friday July 14-15: Steel Magnolias Bazaar, 8:00 am-6:00 pm in the RMC Main Lobby. Annual fundraiser for the Steel Magnolias Dining Voucher Program. Proceeds to be deposited into the Steel Magnolias Foundation Account for payment for meals in the RMC Cafeteria. Everyone please get contributions for the bazaar to the Steel Magnolias office ASAP or bring to the group meeting. New or gently used items are gratefully accepted. Steel Magnolias should be at RMC, no later than 7:00 am, to set up items for sale and auction.

Monday July 18: Volunteers meet in Chaplain's Suite 103 to stuff envelopes for mailing of newsletter, 12:30 pm.

Saturday July 23: Lea Fite Memorial Golf Tournament, 8:00 am, Pine Hill Country Club. Workers please be at the golf course, no later than 7:00 am, in time to set up for the registration of golfers and display of door prizes.

Tuesday July 26: New Beginnings Banquet, 6:00 pm, Classic on Noble. Volunteers please be at Classic no later than 5:00 pm to set up tables for the evening. Special program is planned. Invitations will be mailed.

Remembering My Father Sheila Gail Gaddy June 2011

My father held me when I had bad dreams
And comforted when all was lost it seems.
I remember when you looked down and smiled
At me as you rocked me on your knee
Remembering the walk to the creek and I picked up a little duck.
When suddenly the mother duck, chased me, and then pecked my ankle with her ugly beak
My father stated, "Ducks live in the wild, they know how to survive."
I still remember the mother duck.
At the age of six, in front of the church, I recited Psalm 23.
You smiled at me and said, "Psalm 23 is a blueprint of life.
How proud I am of you on this beautiful Sunday."
Without you Dad, I wouldn't be the woman I am today.
You built a loving Christian foundation no one can ever take away.
I have grown up with your loving heart, and values...I'm glad I did.
A great big hug and smile to you....
From your forever grateful kid.

In memory of my Father, Reverend Homer Gaddy
Happy Birthday and Happy Father's Day!

Happy Fathers Day to our fathers and the fathers of our children!!!

Joggin' Inside

Bad Day At Golf

A nun walks into Mother Superior's office and plunks down into a chair. She lets out a sigh heavy with frustration. "What troubles you, Sister?" asked Mother Superior. "I thought this was the day you spent with your family." "It was," sighed the Sister. "And I went to play golf with my brother. We try to play golf as often as we can. You know I was quite a talented golfer before I devoted my life to Christ." "I seem to recall that," the Mother Superior agreed. "So I take it your day of recreation was not relaxing?" "Far from it," snorted the Sister. "In fact, I even took the Lord's name in vain today!" "Goodness, Sister!" gasped the Mother Superior, astonished. "You must tell me all about it!" "Well, we were on the fifth tee...and this hole is a monster, Mother Superior—540 yard Par 5, with a nasty dog leg left and a hidden green...and I hit the drive of my life. I creamed it. The sweetest swing I ever made. And it's flying straight and true along the line I wanted...and it hits a bird in mid-flight!" "Oh my!" commiserated the Mother. "How unfortunate! But surely that didn't make you blaspheme, Sister!" "No, that wasn't it," admitted Sister. "While I was trying to fathom what had happened, this squirrel runs out of the woods, grabs my ball and runs down the fairway!" "Oh that would have made me blaspheme!" sympathized the Mother. "But I didn't, Mother!" sobbed the Sister. "And I was so proud of myself! And while I was pondering whether this was a sign from God, this hawk swoops out of the sky and grabs the squirrel and flies off, with my ball still clutched in his paws!" "So that's when you cursed," said the Mother with a knowing smile. "Nope, that wasn't it either," cried the sister, anguished, "Because as the hawk started to fly out of sight, the squirrel started struggling, and the hawk dropped him right there on the green, and the ball popped out of his paws and rolled to about 18 inches from the hole!" Mother Superior sat back in her chair, folded her arms across her chest, fixed the Sister with a baleful stare and said, "You missed the X#@&%X! putt, didn't you?"

Geezer!!

An old guy (not in the best of shape) was working out in the gym. He spotted a shapely young hottie, working out nearby...He asked the trainer who was close, "What machine in here should I use to impress that sweet shapely & sexy thing over there?" The trainer looked him up and down, and answered: "I would try the ATM in the lobby.

My Brothers & Me

A cowboy, who just moved to Wyoming from Texas, walked into a bar and orders three mugs of Bud. He sits in the back of the room, drinking a sip out of each one in turn. When he finishes them, he comes back to the bar and orders three more. The bartender approaches and tells the cowboy, "You know, a mug goes flat after I draw it. It would taste better if you bought one at a time." The cowboy replies, "Well, you see, I have two brothers. One is in Arizona, the other is in Colorado. When we all left our home in Texas, we promised that we'd drink this way to remember the days when we drank together. So I'm drinking one beer for each of my brothers and one for myself." The bartender admits that this is a nice custom and leaves it there. The cowboy becomes a regular in the bar, and always drinks the same way. He orders three mugs and drinks them in turn. One day, he comes in and only orders two mugs. All the regulars notice and fall silent. When he comes back to the bar for the second round, the bartender says, "I don't want to intrude on your grief, but I wanted to offer my condolences on your loss." The cowboy looks quite puzzled for a moment, then a light dawns in his eyes. And he laughs. "Oh, no, everybody's fine," he explains, "It's just that my wife and I joined the Baptist Church and I had to quit drinking. Hasn't affected my brothers though."

A Bottle of Wine

Ever since I was a child, I've always had a fear of someone under my bed at night. So I went to a psychiatrist and told him, "I've got problems. Every time I go to bed I think there's somebody under it. I'm scared. I think I'm going crazy." "Just put yourself in my hands for one year," said the psychiatrist. "Come talk to me three times a week and we should be able to get rid of those fears..." "How much do you charge?" "Eighty dollars per visit," replied the expert. "I'll sleep on it," I said. Six months later, he met me on the street. "Why didn't you ever come to see me about those fears you were having?" he asked. "Well, eighty bucks a visit, three times a week for a year is an awful lot of money! A bartender cured me for \$10. I was so happy to have saved all that money that I went and bought me a new pickup!" "Is that so?" With a bit of attitude he said, "And how, may I ask, did a bartender cure you?" "He told me to cut the legs off the bed! Ain't nobody there now!" MESSAGE....Go have a drink and talk to your bartender....Forget the learned doctor!!

Marriage According to Red Skelton

My wife told me the car wasn't running well because there was water in the carburetor. I asked where the car was. She told me, "In the lake.".....I haven't spoken to my wife in about 18 months, I don't like to interrupt her.....I take my wife everywhere, but she keeps finding her way back.....We always hold hands. If I let go, she shops.....I married Miss Right. I just didn't know her first name was "Always." (All jokes courtesy of Pokey...Anniston, AL)