

Steel Magnolias

Breast Cancer Support Group, Inc.

Feeling Blessed!

October 15, 2019



Sharing love through support

It is October again! "Breast Cancer Awareness Month"!! This is the time of year that everyone paints the town PINK! We have been involved in several events this month already and still have a few to go. It is a blessing to be invited to events that are put on to raise money for our group. It's also a blessing to talk and educate people about our services and why we do what we do. We would like to recognize people in our community that have partnered with us for several years. They have been a tremendous help with public exposure and they are helping us financially. This is the 5th year for TuTus for TaTas! We have enjoyed this event every year, it is so much fun and the guys have a big time in their pink wigs and tutus! The event grows every year! We have several other new events this year that we are excited to attend. They are listed in the upcoming events in this newsletter. Everyone is invited to attend!

The event that really touches me is the support from Sunny King Automotive Group. It is a blessing to know the support and exposure we could only get from a locally home owned company. Sunny King Automotive has been in this community for decades and they play a big part in so many local events. They sponsor more charities that most people could image. We are honored to be one them.

They are supporting us again this year by donating \$50 for every new or used vehicle sold at any of the three dealerships during October. If you are in the market for a New or Used vehicle, buy it at Sunny King Ford, Sunny King Honda or Sunny King Toyota. Remember to always buy local, we need to support each other!



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**STEEL MAGNOLIAS/MEN OF STEEL MEETING
SEPTEMBER 29, 2019**

Meeting was called to order by our President, Elaine Johns.

Minutes from the previous meeting were read and motion was made by Cheryl Anthony and seconded by Della McNeal that minutes we accepted as read.

Treasurer's Report was given by Pat Yates in lieu of Chuck. Beginning balance for September was \$17,237.17 and ending balance was \$14,126.44.

Our guest speaker was Winter Triplett, Certified Lymphedema Therapist at RMC. Lymphedema is defined as the swelling of a body part most often affecting the extremities. It can also occur in the face, trunk, abdomen, or genital area. Lymphatic Manual Therapy is often prescribed after mastectomy or other breast surgery to reduce pain and swelling following the removal of the lymph nodes and/or radiation treatments. Winter demonstrated the different types of compression garments available for lymphedema patients. These garments are very expensive and, unfortunately, insurance does not pay for these garments.

Nancy Burnell announced there would be a benefit singing Saturday, Sep 28, 2019, for children with cancer. This singing is sponsored by Pink Heals Eastern Alabama and will be held at Lakeview Baptist Church.

Elaine talked about upcoming events: Oxfordfest is Oct 5th and Tutus for Tatas is Oct 6th.

Sherry gave our devotion about the disciples. Jesus has 12 men who lived with Him every day; walked with Him, ate with Him, and slept with Him. After Jesus went back to Heaven, it was up to the disciples to continue His mission. We are Jesus' disciples and it is up to us to continue the spread of His Gospel.

Door prizes were won by Cheryl Anthony, Barbara Hawkins, and Linda Barton.

No further business, motion made by Cheryl Anthony and seconded by Pat Yates that meeting be adjourned.

Submitted by Brenda Parker
Secretary





Oxfordfest 2019

October 5th 2019 the Steel Magnolias set up our tables in front of Cotton Antiques in downtown Oxford. To say it was a hot day was an understatement! Praise the Lord for he sent us a breeze all day long! We had a full day of selling our shirts, rings, bracelets and other breast cancer awareness items. We talked to several women or their loved ones. They told us how much our care packages and support meant to them. That's what makes this group click! It fuels our mission to help others facing what we have been through. We shared information with many that came by and for the first time I don't remember anyone not knowing who we were. That was awesome! Many came by just to donate to our cause. We raised \$1,244 at Oxfordfest this year. Thanks to all that came by our booth and supported us!

Submitted by:
Elaine Johns





TuTu's for TaTas

Sunday October 6th was the 5th annual TuTu's for Tatas ride at Mt. Cheaha Harley Davidson. It was a beautiful day as bikers rolled in with their bikes dressed in pink and pink bras on the front of them. It was a beautiful site to see men with pink hair and pink beards with pink tutus on! The fee for the ride was just a donation. Before the ride began Dianne called each name of the person the riders were riding for and then we had a balloon release. Steve Hale led us in prayer after everyone had registered and kick stands went up at 2pm. We had a police escort for the ride that went down 78 to highway 9. We then turned left before the caution light on 9 and headed toward Jacksonville. We went up highway 21 and turned left on 204 that carried us out to 431 and back to the dealership! Leslie drove her Solara convertible that followed the riders and Linda, Margaret and I rode with her. We had an enjoyable ride and it was an awesome day for it! We had so much fun today! This group of H-D riders raised \$1664 for the Steel Magnolias today.

Thank you Mt Cheaha Harley Davidson and Mt Cheaha Hog Chapter for all your support.





Birthdays and Survivor Years!

November 15 is Nancy (Johnston) Lewis' birthday and she is a volunteer
November 20th is Lenora Johnson's birthday and she is a 20 year survivor!

Upcoming Events

October 18th RMC and Regions Bank host Brake for Breakfast at the RMC Oxford Mediplex. It begins at 7am and is over at 8:30. Stop by on your way to work for a quick breakfast drive thru at RMC's Mediplex in Oxford!

October 19th: Flora's Table Presents; Steel Magnolias Food Festival in downtown Heflin AL. Come join the fun with great food and fun. A portion of the sales that day will be donated to the Steel Magnolias Breast Cancer Support Group.

October 22nd will be our next Steel Magnolias meeting. We will meet in the private dining room at RMC. RMC will provide SPAGHETTI, Steel Magnolias please bring side dishes and deserts. Our guest speaker will be Timothy Jarmon, he is a poet. Please come join us, we would love to have you!

October 26th Knock Out Breast Cancer! Where? The Barn At Bennett Flats! What time? 8am. Paula Roach Smith and Chad Smith, Heflin Taekwondo owners and Buster Miles Chevy and Ford Employees will lead us through a low impact kickboxing workout. There will be a Mimosa bar and silent auction to follow. \$10 dollars to enter and 100% of proceeds will go to benefit the Steel Magnolias Breast Cancer Support Group.



**brakefor
breakfast**

FRIDAY, OCTOBER 18
7:00 AM – 8:30 AM
RMC OXFORD MEDIPLEX

SPONSORED BY:  **REGIONS**

FLORA'S TABLE PRESENTS

*Steel Magnolias
Food Festival
Saturday, October 19th!*

Knock Out Breast Cancer!

October 26th, Hosted by [Buster Miles Chevy and Ford](#)

Come help us "Knock Out" Breast Cancer on Saturday, October 26th at 8am [The Barn at Bennett Flats!](#) [Paula Roach Smith](#) and [Chad Smith](#), [Heflin Taekwondo](#) owners and [Buster Miles Chevy and Ford](#) employees will be leading us through a low impact kickboxing workout! Mimosa bar and silent auction to follow! \$10 to enter, 100% of proceeds will go to benefit our local [Steel Magnolias breast cancer support group](#).

Joggin' Inside

Aging

If my body was a car, I would be ready to trade. I have bumps, dents and scratches. My headlights are out of focus and my transmission jumps out of gear and it takes forever for me to get up to speed. I overheat all the time and when I sneeze or cough my radiator leaks or my exhaust backfires. I seem to be full of gas without going to the pumps!

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Who's The Boss

"A pastor announced, "If you know your wife is controlling you, move to the left". All the men in the church moved to the left except one man. The pastor was happy there was at least one strong man, and asked, "How come your wife can't control you?" The man quietly replied, "it's my wife who told me not to move".

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Blonde Joke

After becoming very frustrated with the attitude of one of the shopkeepers, the young blonde declared, "Well then, maybe I'll just go out and catch my own alligator and get a pair of alligator shoes for free!" The shopkeeper replied with a sly smile, "Well, little lady, why don't you go give it a try?" The blonde headed off to the swamp, determined to catch an alligator. Later in the day the shopkeeper was driving home and spotted the young woman standing waist-deep in the murky water, shotgun in hand. He saw a huge 9-foot gator swimming rapidly toward her. With lightning reflexes, the blond took aim, shot the creature and hauled it up onto the slippery bank. Nearby were 7 more dead gators all lying belly up. The shopkeeper watched in amazement as the blonde struggled with the gator. Then rolling her eyes, she screamed in frustration..."Crap! This one's barefoot too!!"

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FINALLY! BLONDE MEN JOKES:

A blond man is in the bathroom and his wife shouts "Did you find the shampoo?" He answers "Yes but I'm not sure what to do...it's for dry hair and I just wet mine."

A blond man spots a letter on his doormat. It says on the envelope "DO NOT BEND". He spends the next 2 hours trying to figure out how to pick it up.

A blond man shouts frantically into the phone "My wife is pregnant and her contractions are only 2 minutes apart!" "Is this her first child?" asks the doctor. "No!" he shouts, "this is her husband!"

Last night I was walking home and decided to take a short cut past the cemetery... 3 girls walked up to me and explained that they were really scared to walk past the cemetery at night, so I agreed to let them walk along with me. I told them "I understand... I used to be freaked out too when I was alive..."

Never seen anyone run that fast!!.. 

OCTOBER IS BREAST CANCER AWARENESS MONTH

P I N R P Q T H G I F N E M
 M A X E I B U S R E W S N A
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ACTION

DONATE

HELP

QUESTIONS

ANSWERS

EARLY

INFORMATION

RIBBON

AWARENESS

EVENTS

LEARN

RISK

BREAST

EXAM

MAGNOLIAS

SCREEN

CANCER

FIGHT

MAMMOGRAM

STEEL

CAUSE

GENETIC

OCTOBER

TESTS

DISEASE

GIVE

PINK

TREATMENT

VOLUNTEER