

# Steel Magnolias

## Breast Cancer Support Group, Inc.

### THANK YOU, THANK YOU, THANK YOU!

It is Thanksgiving and it is time for us to reflect on this past year and especially October. To say that we have been blessed with local support is almost an understatement. It has taken many years for the Steel Magnolias to be recognized in our community. This year with so many businesses and groups that have joined in publicly supporting us this year, most people know of us now. We want to take this time to thank everyone who supported us in 2019.

Sunny King Automotive Group, consisting of Sunny King Toyota, Sunny King Ford, Sunny King Honda together, during the month of October they raised \$14,850 for the Steel Magnolias!

The ladies at Mt. Cheaha Harley Davidson hosted the Tutus for Tatas ride that raised \$1664 for us!

New Flyer of America raised \$1600 for the Steel Magnolias in October!

Oxfordfest donations and the sale of breast cancer items brought in \$1244!

Cheaha Regional Head Start in Talladega had a fundraiser and they still have monies coming in. Will let everyone know the amount later!

Post Oak Springs Baptist Church raised \$509 for us during VBS!

Marti Warren's Sorority Sisters donated \$406 to us!

Our Lea Fite Golf tournament brought in \$20,158 this year and we want to recognize our corporate sponsors by the different levels:

Pink is \$1250 or more: Food Outlet, Tru-Wood Cabinet Company and RMC Foundation

Platinum is \$1000: Taylor Corporation and RMC Anniston

Gold is \$750: RMC Stringfellow and RMC Auxiliary

Silver is \$500: Ft. McClellan Credit Union, Sunny King Automotive, Anniston OB/GYN and Harold and Lucretia Berryhill.

Bronze is \$250: Dr. Travis Phillips, Jeff Owens & Associates, All Area Towing, Tyler Union, Nancy Burnell, Kerper Endodontics, Tim and Sundra Welch, Representative K.L. Brown, Representative Randy Wood, Stoked Fitness, Chuck and Barbara Trull, Helen Henley, Elaine Johns, Alabama Hospice, The Supply Room, Rich Farms, Buster Miles Chevrolet/Ford and American Awards. We have many faithful \$100 hole sponsors every year also.

I know there are many more I have not named.

THANK YOU ALL!!!

November 25, 2019



### Sharing love through support

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RMC Chaplain, Jim Wilson  
Historian & Photographer  
Elizabeth McCabe

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Anniston, AL 36207  
www.steelmagnoliasinc.org

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Email any officer by typing  
Their—first name  
@steelmagnoliasinc.org

**STEEL MAGNOLIAS/MEN OF STEEL MEETING**  
**October 22, 2019**

Meeting was called to order by our Vice President, Nancy Burnell, in the absence of our President.

We had two first time visitors, Trisha Crook and Linda Johnston.

Instead of last, we went over the prayer list and everyone agreed this was better than waiting until last.

Our guest speaker for the evening was Timothy Jarmon. Timothy is a member of Hillcrest Baptist Church where he is a deacon and Sunday School teacher. Timothy is a writer of poetry. He has published a book. But tonight, he talked to us about laughter. He gave us a list of reasons why laughter is good for us:

- It lowers blood pressure
- Reduces blood hormone levels
- It works our abs
- Improves cardiac health
- Boosts T cells
- Triggers the release of endorphins
- Produces a sense of well-being.

By the time he had finished speaking, we had done all seven of these things. He was awesome

Minutes of the previous meeting were read and motion made by Roger Ziemet and seconded by Steve Stephens that they be approved.

Treasurer's Report was given by Margaret Taylor. Beginning balance was \$13,860.00 and ending balance was \$11,193.21. This included \$3,208.00 made by sales and donations at Oxfordfest and Tu Tus for Ta Tas.

Margaret talked to us about the Buster Miles Knock Out Breast Cancer. It will be held Oct 26, at the Barn at Bennett Flats. There will be a low impact kickboxing workout. \$10 to enter and 100% of the proceeds will go to Steel Magnolias Breast Cancer Support Group.

Nominating Committee gave their report. Their recommendation was that all officers remain in positions for the upcoming year. Motion made by Judy Elders and seconded by Steve Stephens that this be accepted.

Nancy talked to us about the Christmas Brunch to be held Dec 7<sup>th</sup> at Alexandra's on Noble Street. She handed out the invitation to members present. She stressed the importance of RSVP.

Door prizes were won by Walter Lawson, Brenda Cosper, and Margaret Taylor.

There will not be a meeting in November because of the Thanksgiving holidays and in December we will have our Christmas Brunch.

No further business, Nancy led us in a closing prayer.

Submitted by:  
Brenda Parker  
Secretary

## From the Beginning

At the time of Steel Magnolias Breast Cancer Support Group's founding, we had no supporters, except for Chaplain Wilson and that was support of encouragement. I knew if we were going to get the attention of the people of the community and the attention of newly diagnosed patients, we had to have brochures, explaining who we were, what our mission was, how we could help newly diagnosed patients and where they could contact us. We had no financial supporters except me, the founder and I feared that Prentiss would soon learn how much money the newsletter was costing. I felt certain that God meant that this organization should have a newsletter. The cost of paper, printing, envelopes and postage was paid for by me, not to mention all the work associated with preparing the letter for mailing. I knew we had to have fundraisers but who would attend if we didn't have posters and flyers advertising the events? This is what led me to type-setter, Debra Moore.

I explained what I was doing, my lack of funds and asked if she would do some printing for our group until we could raise some money and then we could pay her? Debra's reply was, "I believe in what you are doing and want to help in whatever way I can!" Through the years, due largely to Debra's generosity, we gained financial support, partners and became a 501 c 3 non profit organization!

Many years later, after we moved into our office at Suite 406 of the RMC Physician's Center and established Pink's Boutique across the hall from our office, I made a special request of Debra. I asked her to design a special banner portraying a butterfly breaking free from it's cocoon. That is how we Steel Magnolias feel after being told we are cancer free. It so happened that the day the banner was delivered to our office, a young woman was in Pink's Boutique with her mother, helping her choose a wig and other needed items as she started her journey through her treatments. With the help of an office attendant, the banner was unfurled! The daughter said, "Oh look, Mama, Someday you will be like that beautiful butterfly, free from the cocoon of cancer!"



Recently, Debra's husband, Scott, created another banner to attract donors to a special fundraiser and dyed his hair and beard pink to encourage gifts of \$100 or more. Everyone asked why he was so passionate, going above and beyond? He said, honestly, I've



been to one of their banquets and it is a really important cause and the founder is important to our family.

Scott raised \$1600 for Steel Magnolias Breast Cancer Support Group, Inc. Debra and I are both very proud of Scott! Thank you!!!!

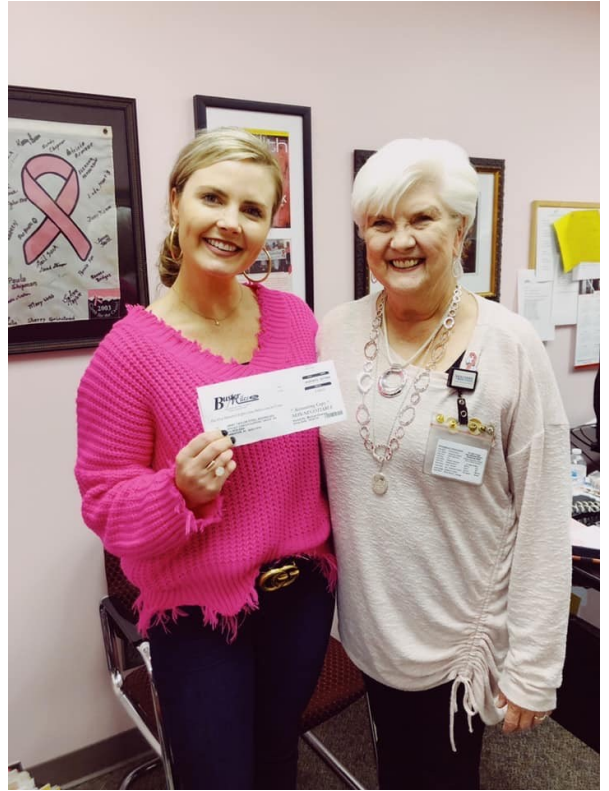


On October 26<sup>th</sup> at 8:30 in the morning the Steel Magnolias set up their table at the Barn at Bennett's Flats with information to hand out to those participating in a kickboxing workout. This event/fundraiser was sponsored by Buster Miles Chevrolet and Ford. There was a \$10 entrance fee for the kickboxing and an opportunity to participate in a Mimosa bar and a Silent Auction. There were about 30-35 participants. We had a lot of fun "watching" and being able to talk to several about our work. Madelyn Miles told us that she wanted this to be an annual event and was looking forward to an even larger group next year!

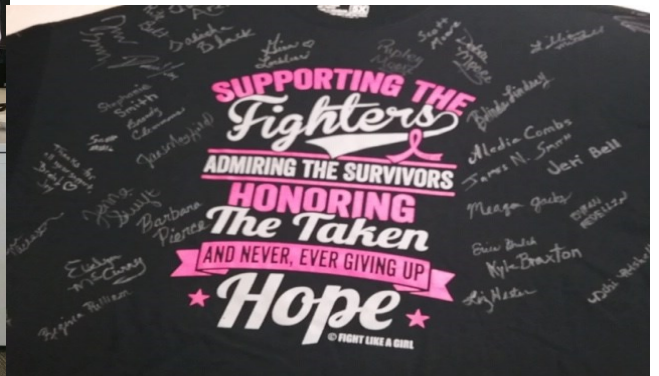
B.R. Wilson was there with the Pink Firetruck and there were several that signed the truck for themselves or in memory or honor of someone.

Madelyn Miles presented a check for \$589 from this fundraiser. Thank you Madelyn and the Buster Miles Chevrolet/Ford for being so aware of the needs of women diagnosed with breast cancer.

Submitted by Margaret Taylor



New Flyer having a good time celebrating Breast Cancer Awareness Month. They raised \$1600 for the Steel Magnolias Breast Cancer Support Group!



### RMC BRAKE FOR BREAKFAST at RMC Oxford Mediplex







Pink Heals Eastern Alabama visited with 3 breast cancer Survivors, Jackie Judkins, Shandrika Christopher and Temecha Williams. What an awesome group of men spreading love in our community!  
**PINK HEALS!**



**Ford, Honda  
and Toyota**

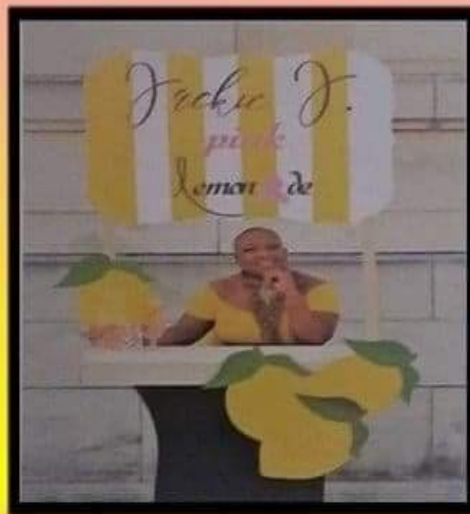


# Breast Cancer Awareness Breakfast

## Passionate 4 Pink!

**Come join us for breakfast!**  
Food - Fun - Fellowship

**Saturday, November 30, 2019**  
**Shoney's (Oxford)**  
**9am — 11am**



**GUEST SPEAKER:**  
*Ms. Jackie Judkins*

**Ladies & Gentlemen,**  
**ROCK your PINK.**  
**You will be judged!**

*"Please bring a bulk (lb.) can good. Let's help feed the homeless!"*

*One person can change Anything, Many can change Everything, We're better together in Christ!*

**Contact: Tangelia Williams (256) 225-7420**

## **Birthdays and Survivor Years!**

**November 26<sup>th</sup> is Christie Renfroe's birthday and she is a volunteer**  
**December 9<sup>th</sup> is Kenny Guldin's birthday and he is a Man of Steel**  
**December 13<sup>th</sup> is Marti Warren's birthday and she's a 35 year survivor!**  
**December 17<sup>th</sup> is Judy Elders birthday and she is a 23 year survivor!**  
**January 7<sup>th</sup> is Janet Reese's birthday and she is a 20 year survivor!**

## **Upcoming Events**

**November 30<sup>th</sup> there will be a breakfast at Shoney's in Oxford. It is "Passionate 4 Pink!" our very own Tangelia Williams puts this breakfast together every year. For the last 2 years she has chosen the Steel Magnolias to benefit from this event. I have included the invitation in this newsletter. The speaker this year is Ms. Jackie Judkins, a local breast cancer survivor. See you there!**

**December 7<sup>th</sup> is the date for our annual Christmas Brunch at Alexander's at Noble Shops on Noble Street. Be sure that you RSVP Nancy for an accurate count for breakfast. I'm sure Nancy has put together an enjoyable morning for us! Thank you Nancy for all your hard work to put together our New Beginnings Banquet and our Christmas Brunch!**

**January 20<sup>th</sup> is the next newsletter mailing day. If you would like to see anything in it or if you have something to go into the newsletter, please send it to [elaine@steelmagnoliasinc.org](mailto:elaine@steelmagnoliasinc.org) or mail it to the office. PO Box 2208, Anniston, AL 36202.**

**January 28<sup>th</sup> will be our next Steel Magnolias meeting. We will meet in the private dining room at RMC. RMC will provide our meal, we will let you know as soon as we get the information at the first of the year.**

## **President's Corner**

**All I have this month for you is to thank all the people and businesses that supported us in 2019. I hope you all enjoy your Thanksgiving. Give thanks to the Lord for your family and friends! Have a Merry Christmas and don't forget the reason for the season! Have a Happy New Year and we will see you again in 2020.**

.....

**Penny Davis**

**April 26, 1965—November 17, 2019**

**I was so happy to see Tim and Penny at the New Beginnings Banquet this year, but not for the reason they were there. She and Tim had contacted Margaret at the office earlier in the year for a compression sleeve. Her cancer had come back. Penny was a member of Hillcrest Baptist Church for 27 years. She was a hair stylist in Oxford for 35 years. We need to lift Tim and their family up in our prayers. This shows me and reminds me how precious life is and how sudden it can be over. We never know what we will face tomorrow. God bless you!**





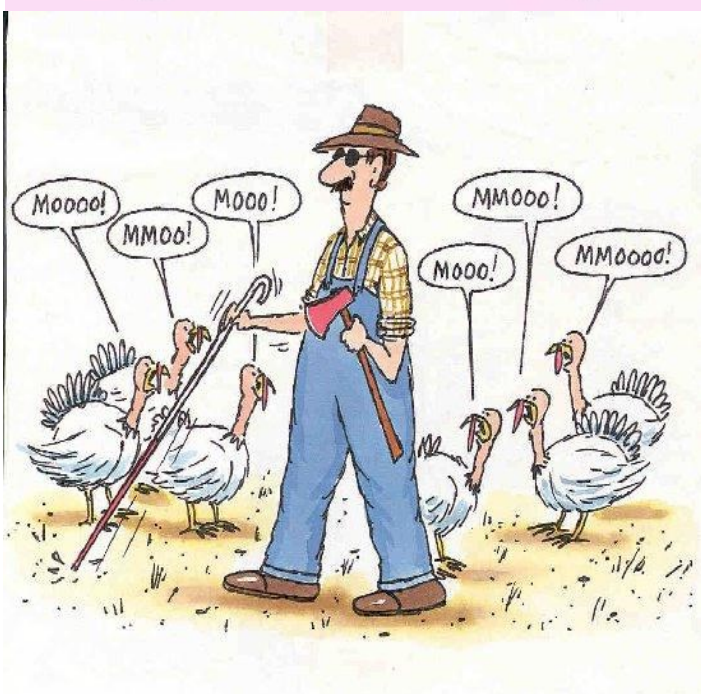
I go to KFC to get the kids something to eat. They wanted the kids meal with a leg so I said "kids meal with the leg" and the lady says "which side?"

Me- \*complete silence as I heavily contemplate such an odd decision\* 🤔🤔

"I guess the right side, I don't know what the difference is."

After several moments of laughter she says "no hunny which side would you like to go with the leg? "Mashed Potatoes or wedges"

Not to brag or anything, but I got the high score on my scale today.



**What if slugs are just snails, that have gone through a divorce, and she got the house ...**

### **FIVE TIPS FOR A WOMAN...**

1. It is important that a man helps you around the house and has a job.
2. It is important that a man makes you laugh.
3. It is important to find a man you can count on and doesn't lie to you.
4. It is important that a man loves you and spoils you.
5. It is important that these four men don't know each other.



Why can't you take a turkey to church?  
Because they use such fowl language!

# THANKSGIVINGS

F P C S Y A W L A F A Y O P  
 O L E D S L N I S M E L R B  
 R O G N I V I G S K N A H T  
 G H S E W S B G E D Y J S U  
 I T R I N I T Y H E O M F T  
 V C E R T S E E R T I M I Y  
 E N E F R H F V P R T L D A  
 N U T L A H O R G S E L O D  
 E T N L E M N L E C Y A M I  
 S O U A H B I V Y E K B L L  
 S W L R A P R L Y L D T L O  
 O T O L K A T A Y I Y O J H  
 H O V R H E M E T F V O M A  
 F P U R K S Y C R E M F I G

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ALWAYS	FRIENDS	LIFE	THANKSGIVING
CELEBRATE	HARVEST	LIGHT	TRINITY
FAMILY	HEALTH	LOVE	TURKEY
FEAST	HEART	MERCY	VOLUNTEERS
FOOTBALL	HOLIDAY	PETS	WISDOM
FORGIVENESS	HOLY	PILGRIMS	WORK
FREEDOM	JOY	PRAYER	YAMS