

# Steel Magnolias

## Breast Cancer Support Group, Inc.

### COMMUNITY SUPPORT

October 16, 2018

Here it is October again, Breast Cancer Awareness Month. For many of us involved with the Steel Magnolias it is a very busy month with fundraising events and events to educate women and men about the importance of self exams. I am a prime example of early detection and how important that can be when you have been diagnosed with breast cancer or any other cancer.



#### Sharing love through support

This year during October we have three local events that raise money for us: Oxfordfest, Tutus for Tatas and Sunny King Automotive. This is our 4<sup>th</sup> year at Oxfordfest and we really enjoy being there to hand out information and we have the opportunity to talk to women who are survivors and their family members. It is hard to find someone that has not been touched by cancer.

It is also the 4<sup>th</sup> year for the Tutus for Tatas. Such an amazing group of people that organize and come out to support us! It is always a fun time at Mt. Cheaha Harley Davidson and how they pull together and have fun to raise money for a cause.

This is the 2<sup>nd</sup> year that Sunny King Automotive Group has pledged \$50 for every new and used car sold at Sunny King Ford, Sunny King Honda and Sunny King Toyota! Talk about local support! If you are in the market for a new or used vehicle, please support the Sunny King Dealerships. This support allows us to work more on helping others and less on how we will fund it. Patty King is very involved with our community and she does so much more than anyone can image. She has the support from all the General Managers: Vernon Thomas, Tony Russell and Nathan Jordan.  
Thank you Mrs. King.

Steel Magnolias  
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Nancy Burnell and Margaret  
Taylor Co-Vice Presidents  
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Chuck Trull, Treasurer  
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& Sherry Grinstead  
RMC Chaplain, Jim Wilson  
Historian & Photographer  
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Pinks Boutique: For Appointment  
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www.steelmagnoliasinc.org

Like us on Facebook

Email any officer by typing  
Their—first name  
@steelmagnoliasinc.org



## **Pivotal Life Events**

Throughout our lives, each of us have events that shape how we think and ultimately who we are. Where we grew up, when and where we received our formal education, who we marry, and the number and gender of our children. There are other pivotal events that are not sought in life but events that none the less shape us, events that force us to focus only on life's true treasures!

Such a time for me was September 29, 1999, when my surgeon told me that I had breast cancer. Mastectomy surgery was scheduled for October 6, 1999. In the week before my surgery, my inner circle of friends and family were a source of strength when I felt no strength within myself. I have heard some people say that after a diagnosis of cancer they felt strong and confident, however that is not the normal response. A diagnosis of cancer forces us to face our own mortality and to pledge to never “major on minors” any more. This “Thought for the Day” is meant to recognize the wonderful people in our lives who deserve to be recognized as “Majors” in our lives. This is my story! Please take the time to give credit to whoever was Major when you became part of the cancer family.

When I couldn't reach my husband who was on his construction sight, I called Gudrun and she came immediately and stayed with me until Prentiss saw that I'd called and made his way home. Secondly, Sheila Webb, the day before my mastectomy, gave me a journal that I might record my walk through my journey with breast cancer.

Wednesday, October 6, Prentiss, Gregory, my sister Debby, who had come from Missouri to be with me and Van and Michelle, who had spent the night, dressed and we made our way to RMC, Anniston. Many friends, many who were members of Gladeview Baptist where we were members, lined the hallway to pray me into surgery. When my sister, Debby saw all the people, she said, “Lenora, I would like to have your friends and family sign your journal.” These precious friends not only signed but wrote encouraging messages for me. In the years that have come and gone, the 19 years since my mastectomy, I have lost my precious Prentiss and been diagnosed with lung disease, etc. The loving thoughts my friends and family recorded in my journal have continued to be a source of strength for me.

I encourage everyone, please let those from whom you draw strength know what their generosity and love means to you.

“Love the Lord your God with all your soul and with all your mind and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these.”  
Mark 12: 30-31

Submitted by Lenora Johnson  
Founder of Steel Magnolias Breast Cancer Support Group, Inc.



**STEEL MAGNOLIAS AND MEN OF STEEL MEETING  
SEPTEMBER 25, 2018**

**Meeting was called to order by our President, Elaine Johns.**

**Minutes of the previous meeting were read and motion made by Judy Elders and seconded by Steve Stephens that minutes be accepted as read.**

**Chuck gave the Treasurer's Report for September with a beginning balance of \$15,492.51 and ending balance of \$14,845.25.**

**New visitors were Pam Staple, Paula Pointer, Judy and Larry Bollinger.**

**Elaine pointed that October is Breast Awareness Month and we have a ton of activities starting with Oxfordfest October 6<sup>th</sup>; Tutus for Tatas October 7<sup>th</sup>; RMC drive October 26<sup>th</sup>; and Women's Breakfast October 27<sup>th</sup> at Golden Coral. We also have an Alabama wreath and basket to sell chances on with all proceeds going to Steel Magnolias. Elaine also emphasized that there was an opportunity for everybody to get involved in.**

**Our guest speaker was Judy Bollinger who gave her story about her battle with breast cancer. The title of her talk was "Finding the Good with the Bad." She talked about her walk through the fight of breast cancer and the divine intervention of God in her treatment.**

**Margaret talked about the new shirts, necklaces, and bracelets that we will be selling at Oxfordfest and Tutus for Tatas.**

**Door prizes were won by the following: Sharon Davis, Judy Wilson, Linda Barton, Jimmy Taylor, Larry Bollinger, Joe McNeil, and Cindy Davis.**

**No further business, motion was made by Steve Stephens and seconded by Linda Barton that meeting be adjourned.**

**Submitted by Brenda Parker  
Secretary**







### **Birthdays and Survivor Years!**

**November 5<sup>th</sup> is Sue Patin's birthday and she is a 2 and a half year survivor!**

**November 15<sup>th</sup> is Nancy Johnston's birthday and she is a volunteer**

**November 20<sup>th</sup> is Lenora Johnson and she is a 19 year survivor!**

### **Upcoming Events**

**October 23rd is our next meeting in the private dining room at RMC. It starts at 5pm and the meeting starts promptly at 5:30. If you have prayer request please call the office at 256-231-8827 and leave a message for Margaret to add them to our prayer list for the meeting. RMC will provide Spaghetti and Garlic Bread for our meal, Steel Magnolias please bring side dishes and deserts. Mark Ford, Director for Radiation Oncology at RMC will be our guest speaker.**

**If you have never been to one of our meetings, please come join us. We welcome cancer survivors and if you want to be a volunteer come and find out how you can help. Call the office for directions to the meeting between 11 am and 4 pm M-F or email [elaine@steelmagnoliasinc.org](mailto:elaine@steelmagnoliasinc.org) for directions.**

**REMEMBER THIS IS OUR LAST MEETING UNTIL JANUARY! ENJOY YOUR HOLIDAYS AND DON'T FORGET OUR CHRISTMAS BRUNCH!**

**October 26<sup>th</sup> is the "Brake for Breakfast" at RMC Mediplex in Oxford 7:30am to 8:30am. Come drive through for a healthy breakfast and a chance to learn more about RMC's Early Detection Connection and latest GENIUS 3D mammography capabilities available at RMC.**

**October 27<sup>th</sup> is the Breast Cancer "PINK" Breakfast at Golden Corral. Tangelia Williams has invited the Steel Magnolias to this event. I have included the invitation in this newsletter. Nancy Burnell will be a guest speaker at the breakfast.**

**November 19<sup>th</sup> is the next mailing day for the newsletter. If you have something to go in the newsletter please send it to [elaine@steelmagnoliasinc.org](mailto:elaine@steelmagnoliasinc.org) or mail it to Elaine Johns c/o Steel Magnolias PO Box 2208 Anniston, Al 36202.**



*Mothers . . . Daughters . . . Sisters . . .  
Friends . . .*

*The circle of caring never ends.  
Awareness of risks and early detection is every  
woman's best protection.  
Let's spread the awareness far and wide with  
fellowship, strength, faith & pride.*

*You are cordially  
invited to attend our  
Breast Cancer "PMK"  
Breakfast!!!*

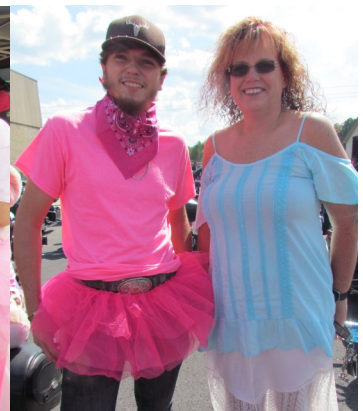
*Saturday, October 27, 2018  
Golden Corral  
Oxford, Alabama  
@9:00 a.m.*

*Ladies ROCK your pink*

We had a great day at Oxfordfest. It was a hot day, but we met a lot of people and sold shirts and had several donations. Thanks to all that came out and helped and to everyone that stopped at our table.



We had a great time at Tutus for Tatas, the ladies from Harley raised \$1847 during the ride. Mike Raburn, a Breast Cancer survivor, spoke to the guys on the importance for men to do self exams.



**Big or Small Save them ALL**

# **Services Offered By Steel Magnolias Breast Cancer Support Group, Inc.**

## **1. Group Meetings**

Steel Magnolias meet on the 4th Tuesday of each month at 5:00 p.m. in the 1st Floor Private Dining Room of RMC.

## **2. Steel Magnolias' Office**

Our office is located in suite 407 of the Physicians Center in Anniston. Currently our office is staffed (part time) by Steel Magnolias volunteers Monday through Friday, 11:00 am - 4:00 pm. Every effort is made to have someone in the office when our staff is sick or on vacation. Phone (256) 231-8827

## **3. PINKS Boutique**

Located in the Physicians' Center across from the Steel Magnolias Office, we are stocked with Mastectomy Bras, Breast Prosthesis, Wigs, Hats and Scarves. These items are of no cost to cancer patients.

## **4. Care Packages**

Steel Magnolias provide a comfort package including inspirational and educational materials to breast cancer patients the day of surgery at Regional Medical Center. Packages are mailed or taken to newly diagnosed patients who do not receive them on day of surgery.

## **5. Dining Vouchers**

Dining vouchers are provided for two family members of any patient, in surgery, at Regional Medical Center. Each provides a meal in the hospital cafeteria.

## **6. Snacks**

Steel Magnolias provide the following: (1) snacks in Anniston Oncology chemo treatment room - Suite 602 Physician Center (2) chemo treatment room on the 4th floor of RMC and (3) the Radiation / Oncology Center on 2nd Floor of RMC.

## **7. Breast Cancer Awareness Program**

Available to girls in grades 7-12, this program is taught in the school by a trained volunteer under the supervision of a Registered Nurse. Anyone interested in having our program presented, contact our office.

## **8. Speakers Bureau**

Speakers are available to civic clubs and churches. To schedule, contact our office.

## **9. Steel Magnolias Newsletter**

Our monthly newsletter is an informative and inspirational publication about upcoming events, meetings and activities. Also included is a joke page and current information regarding cancer testing and treatments.

## **10. Web-Site**

[www.steelmagnoliasinc.org](http://www.steelmagnoliasinc.org) is a great source of information and inspiration. Also,  Find us on: facebook.

## **11. Men of Steel**

Group of men (husbands, friends or family) of breast cancer patients or survivors and for men who themselves are breast cancer survivors. Meetings are held jointly with Steel Magnolias (see Group Meetings #1). Contact Jimmy Taylor (256-463-4313) or email [tjimmeg63@aol.com](mailto:tjimmeg63@aol.com) for additional information.

## **12. Prayer**

We are praying for you with love and blessings.

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## **WAYS YOU CAN HELP**

### **1. VOLUNTEER YOUR TIME**

- attend our meetings and get involved with us
- volunteer for office work or Pinks Boutique
- help with our fund raisers (2 per year)
  - a. Bake and jewelry sale (annually the Saturday before Easter at Quintard Mall)
  - b. Golf Tournament at Pine Hill Golf Course (in the spring each year). Numerous opportunities to serve.

2. CONTRIBUTE - contributions are tax deductible (a 501(c)3 tax exempt organization) and can be made to: Steel Magnolias, P.O. Box 2208, Anniston, AL 36202. ALL contributions are used to provide services to breast cancer patients who reach out to us.

3. DONATE UNUSED JEWELRY (new, vintage or broken) - it is cleaned, repaired and resold at our events. Drop off at the following: Steel Magnolia Office, Cotton Antiques, 508 Main Street, Oxford or call Marti Warren 256-237-0206.

### **4. PRAY FOR OUR MINISTRY**



### The Flood

In the worst rainstorm of the century, a kid calls 911 to report flooding.

"Help me!" the kid exclaims. "I'm standing in a foot of water!"

"Now stay calm," the 911 operator replies. "A foot of water does not constitute a flood emergency around here." "It does around here!" says the kid.

"I'm calling from the fourth floor

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### Improving

A little girl was sitting on her grandfather's lap as he read her a bedtime story. From time to time, she would take her eyes off the book and reach up and touch his wrinkled cheek.

She was alternately stroking her own cheek, then his again.

Finally, she spoke up:

"Grandpa, did God make you?"

"Yes, sweetheart," he answered. "God made me a long time ago."

"Oh," she paused. "Grandpa, did God make me too?"

"Yes indeed, honey," he said. "God made you just a little while ago."

Feeling their respective faces again, she observed, "God's getting better at it, isn't He?"

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### Times are changing

A couple took their children to one of those restaurants where the walls are plastered with movie memorabilia. The father went off to see the hostess about reserving a table. When he returned, he found his 10-year-old granddaughter, Kaitlyn, staring at a poster of Superman standing in a phone booth.

Kaitlyn looked puzzled. "She doesn't know who Superman is?" he whispered to his wife. "Worse," his wife replied. "She doesn't know what a phone booth is."

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After 10years a wife started to think their child looks kinda strange so she did a DNA test and found out the child is not theirs, she told her husband what she found out, the husband replied, u don't remember do you?? When we were leaving the hospital the baby pooped and u told me go and change him so I went inside got a clean one and left the dirty one there. The wife fainted.... 🤢🤢🤢🤢🤢

**It's finally October!  
Which means, all of  
the cobwebs and  
dust in my house just  
became Halloween  
decorations.**

Little boy sitting on his step eating candy just as fast as he could unwrap it. A man passing by saw what he was doing. He said all that candy is not good for you and will spoil your dinner. The little boy said I don't know about that but my grandpa lived to be a 102. The man said wow you mean by eating candy. The little boy said no, by minding his own business.

# THE BIBLE

S	S	O	R	O	O	T	S	U	R	T	I	N	G
L	E	F	E	A	R	H	T	I	A	F	E	O	S
U	L	X	C	U	S	T	O	M	S	X	S	I	T
O	B	T	T	R	R	U	R	E	I	P	T	T	F
S	A	H	R	A	O	T	I	L	E	S	I	A	I
Y	R	E	N	I	S	S	E	L	I	T	N	E	G
C	A	E	E	N	A	U	S	S	H	E	W	R	H
R	P	D	W	B	P	L	E	E	D	A	A	C	T
E	F	E	L	O	E	R	S	R	E	C	R	S	E
M	P	O	A	W	P	F	O	U	E	H	S	N	M
L	O	A	R	C	N	I	A	P	N	A	G	A	P
D	I	A	C	T	E	A	R	S	H	D	W	M	T
I	T	F	O	S	Y	T	N	A	N	E	V	O	C
H	T	N	E	P	E	R	T	E	J	S	T	R	W

BLOOD

GIFTS

PARABLES

STORIES

COVENANT

GOSPELS

PEACE

TEACH

CREATION

GRACE

POWER

TEMPT

CROSS

HADES

PROPHET

TITHE

CUSTOMS

JEW

RAINBOW

TRIALS

EXILE

MERCY

REPENT

TRUST

FAITH

PAGAN

SIN

TRUTH

GENTILES

PAIN

SOULS

WRATH

Created by Donna Houston  
10/14/18

**There are 11 additional words in this puzzle. See how many of the following words you can find.  
ESCAPE, FEAR, FORTY, HEED, LIFE, LUST, NEED, RESIST, ROOTS, TEARS, WARS**