

Steel Magnolias

Breast Cancer Support Group, Inc.

Caring

July 16, 2018

**Caring – A Paraphrase of I Corinthians 13
By Chaplain Gary Batchelor**



Sharing love through support

Steel Magnolias
P.O. Box 2208
Anniston, AL 36202

Lenora Johnson, Founder
Nancy Burnell, Executive Director
nancyburnell@gmail.com
Editor: Becky Tiner
Beckyathome@att.net

Elaine Johns, President
Margaret Taylor and Nancy
Burnell, Co Vice President
Brenda Parker, Secretary
Chuck Trull, Treasurer
Group Chaplains: Gloria Woosley
& Sherry Grinstead
RMC Chaplain, Jim Wilson
Historian & Photographer
Elizabeth McCabe

Pinks Boutique: For Appointment
Call the Office @ 256-231-8827
Physicians Center, STE 407
901 Leighton Ave.
Anniston, AL 36207
www.steelmagnoliasinc.org

Like us on Facebook

Email any officer by typing
Their—first name
@steelmagnoliasinc.org

Though my diagnosis be aided by the latest technological
marvel, and though my room offers the quiet surroundings
of a hotel,

If I do not feel cared for, I will feel ill indeed.

And though I be offered a gourmet menu and have my insurance
filed promptly and efficiently,

If I do not feel cared for, I will be dissatisfied.

And though I have a color TV and a telephone in the bed and a
room full of flowers,

If I do not feel cared for, my pain will not go away.

Care touches with gentleness and is kind.

Care listens and seeks to understand.

Care explains what is happening to me and helps to calm my fears.

Care is patient when my nerves are frayed or when I am frightened
or embarrassed

and does not retaliate when my tongue is sharp and impatient.

Care knows its own value and the value of those to whom it is of-
fered.

Care tolerates much, encourages often, comforts always.

At some point every treatment will fail; medications, surgery and
procedures will be inadequate.

But Care will never fail.

For all the marvelous advances of medical science are incomplete.

Medical technology is important, but it cannot stand alone.

And it is when I am most vulnerable

that I most clearly know the need for human caring.

Now many professionals offer their caring in the hospital:

nutritional services, EVS, social workers, case managers, secretaries,

respiratory care, volunteers, chaplains, therapists,

technicians, physicians, nurses, these and many more.

**STEEL MAGNOLIAS AND MEN OF STEEL MEETING
JUNE 26, 2017**

Meeting was called to order by our President, Elaine Johns. Elaine recognized our visitors, Sandy and Buddy Coffin.

Minutes of the previous meeting was read. Motion made by Judy Williamon and seconded by Janet Reese that minutes be accepted as read.

Chuck gave the Treasurer's Report for June with an opening balance of \$22,995.72 and closing balance of \$21,550.87

Elaine explained to the group why we would not be working the Sunny King Golf Classic as had been discussed in the previous meeting. There was a conflict with charities and she made the decision to allow the other charity to go ahead. The other charity was asked by the board to participate before we were. Hopefully, we will be able to participate next year.

Margaret introduced the office staff. As our program, three ladies were asked to share with the group what it meant to work in the office. Nancy Buchmann, Vicky Norman, and Margie Smith shared with the group some of their experiences in the office and all three told of the blessings they had received while working in our Steel Magnolias office and the Pinks Boutique.

Invitations to the New Beginnings Banquet were handed out to those who had worked events and attended the required number of meetings. The banquet will be July 24, at Classic on Noble.

I talked to the group about the need for crocheted baby hats by Sav-A-Life HOPE. This organization provides gift bags to all new born babies at RMC. Sherry explained further to the members everything else that this organization does for young pregnant women.

Sherry gave us a devotion about counting our blessings. Sometimes we forget to thank God for our blessings. She suggested we start a "blessing jar" and at the end of the day, put one blessing that God has given us that day and then when we are down, go back and read some of those blessings. She also reminded us to take the time each day to thank God for all His blessings.

Door prize winners were Brenda Parker and Elaine Johns.

No further business, motion was made by Steve Stephens and seconded by Cheryl Anthony (my young'un) that the meeting be closed.

Submitted by
Brenda Parker
Secretary





Squash Pie

1 Cup Squash
1 Cup of Sugar
2/3 Cup of Milk
2 T. Flour
¼ t. Salt
1 t. lemon flavor
1 Egg
Unbaked pie shell

Stew squash and drain off liquids and measure 1 cup.
Mix sugar, flour and salt then add milk, egg and lemon flavoring.
Stir in squash and pour in unbaked pie shell.
Preheat oven to 400 and bake until pie starts to brown on top about 35-45 min

Submitted by: Elaine Johns (my mom's recipe)



Birthdays and Survivor Years!

August 2nd Susan Dupree's birthday and she is an 11 year from first cancer and a 6-year survivor from her second!

Upcoming Events

July 24th is the New Beginnings Banquet at the Classic on Noble. The evening will start at 6 p.m. Dave Roberts will be our MC again this year. Our guest speaker will be Maryhelen Kirkpatrick from "The Well House" and their mission statement is:

"We exist to honor God by rescuing and providing opportunity for restoration to female victims of human trafficking who have been sexually exploited."

Our guest singer is Cassie Harris, Jimmy and Margret Taylor's very talented daughter. Invitations go out this week. Be sure to RSVP by July 16th. The meal will be free to active members. Friends and family will be \$30 each. Please make checks to Steel Magnolias and mail to Nancy Burnell, c/o Steel Magnolias, PO Box 2208, Anniston, AL 36202.

August the 14th is the next mailing day for the newsletter. If you have something to go in the newsletter, please send it to elaine@steelmagnoliasinc.org or mail it to Elaine Johns c/o Steel Magnolias, PO Box 2208, Anniston, AL 36202.

.....

Yesterday, Today, Tomorrow (2)

The link we each have in the passing of these moments in time, are memories. Some sweet, some not so sweet, however, we can choose to look for the glimmer of hope and daybreak, even as we weather life's storms. I was reminded of this truth as I watched my "Child of Hope" receive her high school diploma. She was born just a few weeks after I completed chemotherapy. My goal was to be declared cancer free in time for her birth. My friend, Gudrun, gave me a certificate that read: "Yesterday is history, tomorrow is a mystery, today is a gift. That is why it is called the present."
Congratulations for meeting your goal of being cancer free.

**"Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable-if anything is excellent or praiseworthy-think about these things
Philippians 3: 8**



Submitted by:

Lenora Johnson

Founder of the Steel Magnolias Breast Cancer Support Group

Marilyn's Story

Fifteen years ago I met the love of my life. She had recently lost her father whom she cherished to colon cancer as well as an aunt she loved to uterine cancer. Marilyn was a vibrant personality. She wasn't big into getting into crowds, but had a way of lighting up the room when she was in the situation. She enjoyed working in her flowers and making a dwelling into a home. Marilyn was very O.C.D. about cleaning and organization which was a new learning curve for me. She became friends with your president, Ms. Elaine Johns early in our relationship which was always entertaining to me. They were kind of Ying and Yang which, with two strong personalities, was humorous. Elaine delighted in tormenting her, but Marilyn always jumped right back in there. A special bond was formed and we had a lot of great memories together, including Marilyn's last big outing when Marilyn and I and Elaine and Ms. Donna Houston went to "The Zone" to see Alabama beat Texas A&M.

It was a great time, but shortly after that, Marilyn had the opportunity to try to get experimental therapy on a Disease she had been fighting for many months, Lung Cancer with brain metastases. She had been diagnosed in October 2015 at an ER visit to UAB after failed diagnosis by another local hospital. The experimental Rova T for small cell lung cancer was set up by RMC to be hopefully administered by UAB. She was too weak to try it, they said. My world was shattered. Marilyn was a tough fighter. She never complained and never said she was through. This woman had been through many radiations to the brain, even targeted radiation, three sets of rounds of chemo and even a last 4th attempt with no complaining. Marilyn's Dad always called her Angel and on March 29th 2017 at 4:55 she was that angel.

I miss her terribly but I am so proud of her for her fight.

God has a plan for us all and I admire and respect all the men and women who take chemo and treatments and fight the fight. I pray one day soon, your fight will win the battle and find the cure we all so desperately seek.

**Submitted by:
Charles Davis**

**From a loving Husband's view
on he and his wife's fight with
cancer.**

#caregiverssuffertoo!



Joggin' Inside

A rural woman went into town to see if she could get a loan to build a bathroom in her house, like her neighbors had. She had never been in a bank, so she was nervous. She got right to the point with the bank president. "I want to borrow a thousand dollars to put a bathroom in my house."

The president was cautious and responded, "I don't believe I know you. Where have you done your business before?"

"Oh, out back in the pine thicket," she replied.

Health Message

1. If walking/cycling is good for your health, the postman would be immortal.
 2. A whale swims all day, only eats fish, drinks water and is fat.
 3. A rabbit runs and hops and only lives 15 years.
 4. A Galápagos tortoise doesn't run, does nothing, yet lives for 150 years.
- AND...YOU TELL ME TO EXERCISE SO I'LL LIVE LONGER**
-

Nuns

Several elderly nuns were in their second floor convent one night when a fire broke out. They took their habits off, tied them together to make a rope, and climbed out the window. After they were safely on the ground and out of the building, a news reporter came over to one of the nuns and said to her, "Weren't you afraid that the habits could have ripped or broken since they are old? The nun Replied, "Nah, don't you know old habits are hard to break!!"

Mothers

A little boy forgot his lines in a Sunday school presentation. His mother was in the front row to prompt him. She gestured and formed the words silently with her lips, but it did not help. Her son's memory was blank. Finally, she leaned forward and whispered the cue, "I am the light of the world." The child beamed and with great feeling and a loud clear voice said, "My mother is the light of the world."

Little Johnny

One day Little Johnny was helping his grandfather dig up potatoes. After several minutes, Johnny says, "Grandpa, what I want to know is why you buried the darn things in the first place."

The Internet

What did our parents do when they got bored before the Internet?
I asked my 18 brothers and sisters and they didn't know either!

Submitted by Rhonda from Gainesville

Services Offered By Steel Magnolias Breast Cancer Support Group, Inc.

1. Group Meetings

Steel Magnolias meet on the 4th Tuesday of each month at 5:00 p.m. in the 1st Floor Private Dining Room of RMC.

2. Steel Magnolias' Office

Our office is located in suite 407 of the Physicians Center in Anniston. Currently our office is staffed (part time) by Steel Magnolias volunteers Monday through Friday, 11:00 am - 4:00 pm. Every effort is made to have someone in the office when our staff is sick or on vacation. Phone (256) 231-8827

3. PINKS Boutique

Located in the Physicians' Center across from the Steel Magnolias Office, we are stocked with Mastectomy Bras, Breast Prosthesis, Wigs, Hats and Scarves. These items are of no cost to cancer patients.

4. Care Packages

Steel Magnolias provide a comfort package including inspirational and educational materials to breast cancer patients the day of surgery at Regional Medical Center. Packages are mailed or taken to newly diagnosed patients who do not receive them on day of surgery.

5. Dining Vouchers

Dining vouchers are provided for two family members of any patient, in surgery, at Regional Medical Center. Each provides a meal in the hospital cafeteria.

6. Snacks

Steel Magnolias provide the following: (1) snacks in Anniston Oncology chemo treatment room - Suite 602 Physician Center (2) chemo treatment room on the 4th floor of RMC and (3) the Radiation / Oncology Center on 2nd Floor of RMC.

7. Breast Cancer Awareness Program

Available to girls in grades 7-12, this program is taught in the school by a trained volunteer under the supervision of a Registered Nurse. Anyone interested in having our program presented, contact our office.

8. Speakers Bureau

Speakers are available to civic clubs and churches. To schedule, contact our office.

9. Steel Magnolias Newsletter

Our monthly newsletter is an informative and inspirational publication about upcoming events, meetings and activities. Also included is a joke page and current information regarding cancer testing and treatments.

10. Web-Site

www.steelagnoliasinc.org is a great source of information and inspiration. Also,



11. Men of Steel

Group of men (husbands, friends or family) of breast cancer patients or survivors and for men who themselves are breast cancer survivors. Meetings are held jointly with Steel Magnolias (see Group Meetings #1). Contact Jimmy Taylor (256-463-4313) or email tjimmeg63@aol.com for additional information.

12. Prayer

We are praying for you with love and blessings.

WAYS YOU CAN HELP

1. VOLUNTEER YOUR TIME

- attend our meetings and get involved with us
- volunteer for office work or Pinks Boutique
- help with our fund raisers (2 per year)
 - a. Bake and jewelry sale (annually the Saturday before Easter at Quintard Mall)
 - b. Golf Tournament at Pine Hill Golf Course (in the spring each year). Numerous opportunities to serve.

2. CONTRIBUTE - contributions are tax deductible (a 501(c)3 tax exempt organization) and can be made to: Steel Magnolias, P.O. Box 2208, Anniston, AL 36202. ALL contributions are used to provide services to breast cancer patients who reach out to us.

3. DONATE UNUSED JEWELRY (new, vintage or broken) - it is cleaned, repaired and resold at our events. Drop off at the following: Steel Magnolia Office, Cotton Antiques, 508 Main Street, Oxford or call Marti Warren 256-237-0206.

4. PRAY FOR OUR MINISTRY

TEMPTATION

Donna Houston

A	W	R	E	D	N	E	R	R	U	S	N	K	M
H	R	O	G	I	N	O	O	S	I	C	O	G	A
E	N	D	N	E	R	D	N	S	H	O	I	Z	Y
L	S	V	I	K	G	E	R	O	L	T	T	R	R
P	P	E	Z	S	E	L	C	A	H	A	A	E	E
L	R	F	I	B	C	O	U	G	U	T	T	T	V
Y	O	J	L	F	L	O	I	D	N	G	P	T	E
R	M	O	A	G	S	F	V	E	N	E	M	I	A
E	I	L	T	H	V	I	M	E	T	I	E	B	L
V	S	E	N	T	D	O	T	E	R	N	T	U	E
E	E	T	A	U	M	R	R	A	O	B	R	T	D
N	S	S	T	O	Y	I	A	U	S	I	U	T	S
E	T	A	W	M	F	C	G	H	N	Z	T	D	I
E	L	F	K	N	I	H	T	G	O	E	H	E	S

Find the words in bold:

As you **LOOK** at the **TANTALIZING** piece of chocolate, you can't **HELP** but **THINK** about the smooth **RICH FLAVOR** that **SOON** will overwhelm your **TASTE BUDS**. After popping the **CHOCOLATE** into your mouth, however, you **DISCOVER** looks aren't everything. What appeared so scrumptious moments **AGO** has left a **BITTER** taste in your **MOUTH**. You've **BEEN FOOLED** by baking chocolate, and you can't get it out of your mouth **FAST ENOUGH**.

Sin **ALSO** tantalized us, **LURING** us to **INDULGE** ourselves and **SURRENDER** to its temptations. We fight **HARD**, or we don't **FIGHT** it at all. And before we **KNOW** it, we've surrendered to sin's wishes. The fulfillment and **JOY** that came with sinning was **MOMENTARY** as the **TRUTH** about sin is **REVEALED** to us.

We must always remember to be on **GUARD** against **TEMPTATION** to sin (1 Peter 5:8-9). And we must remember that the truth about sin is that it **NEVER SATISFIES** the way God can.