

Steel Magnolias

Breast Cancer Support Group, Inc.

Finding Local Support

October 23, 2017

October is here again and the Steel Magnolias are in Breast Cancer Awareness mode. Getting ready for October is often a challenge for us to cover all the events we are invited to and trying to keep up with who needs to be where and what time and what supplies they will need!



We started the month with Oxfordfest. Tutus for Tatas was the following day but was postponed due to Hurricane Irma. We will be at Lobsterfest this year on the 21st. Margaret Taylor spoke at a Women's Breakfast at Golden Corral at 9am that morning and Tutus for Tatas will be on Sunday the 22nd. We have had our first golf tournament meeting, a board meeting and our monthly meeting is on the 24th. RMC's Brake for Breakfast will be on Friday the 27th. It is definitely a full month of getting our name out there and finding ways to raise money to fund our services, but we do this year round. It takes all we do and more to raise the money needed each year to purchase wigs, bras, prosthesis, snacks and water for chemo treatment rooms, supplies for our school girl program and all the other supplies needed to help breast cancer patients.

Sharing love through support

In our board meetings and golf tournament committee meetings we have often discussed the fact that after all the years that the Steel Magnolias have been in Calhoun County that so few people know about us. We have discussed new ways to get our name out there and to find support from the community. We have prayed about it and the Lord has put people in our lives to help us.

During the month of October King Motor Company has stepped up to help us by donating \$15,000 to the Steel Magnolias. They are donating money for each vehicle sold, new or used at Sunny King Ford, Sunny King Honda and Sunny King Toyota!

This a tremendous show of support for us and they plan to make this an annual event! THANK YOU Mrs. King and King Motor Company! If you are looking for a new or used car, truck or van please support King Motor Company and the Steel Magnolias.

Steel Magnolias
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Submitted by:
Elaine Johns

Email any officer by typing
Their—first name
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Unites States 2017 Breast Cancer Statistics

Women:

Diagnosis: 1 in 8 (8 to 12 %) over a lifetime

Estimated new cases: 252,710 of Invasive Breast Cancer

Estimated new cases 63,410 of non invasive (In Situ) Breast Cancer

Deaths:

40-60 expected to die from breast cancer, second only to lung cancer.

Men:

Estimated 2,470 new cases--Roughly 1 in 1000 over a lifetime

Genetic Mutations: Can be inherited from Mom or Dad (5 to 10%)

BRACA 1: Women have a 55 to 65% lifetime risk of developing breast cancer

BRACA 2: Women are more likely to develop ovarian cancer

BRACA 1 and BRACA 2: Tends to develop more often in younger women

BRACA 2: Risk for men--Risk is 6 to 8 %

BRACA 1: Risk for men--Risk is unlikely

Most Significant Risk Factors in Developing Breast Cancer:

Being a woman and growing older

World Wide Deaths From Cancer:

7.6 million

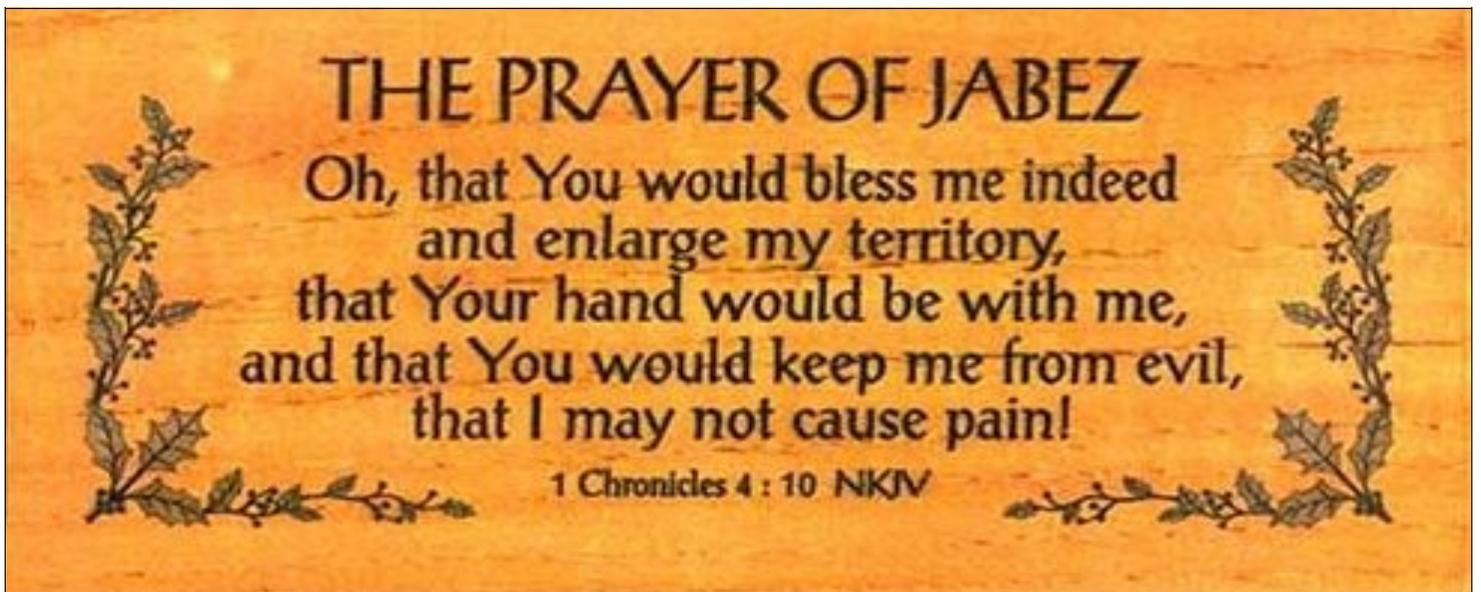
4 million die prematurely (age 30 to 69)

Cancer and not just Breast Cancer touches all of us, please support our local charities. The money raised for the Steel Magnolias stays in our community and helps people in Calhoun and surrounding counties. If you are one of our supporters, just know you are helping someone locally! Thank You!

Submitted by:

Lenora Johnson

Founder of Steel Magnolias



**Steel Magnolias & Men of Steel Meeting
September 26, 2017**

The Steel Magnolias Breast Cancer Support Group Inc. met on Tuesday, September 26th in the private dining room of RMC.

The meeting was called to order by President Elaine Johns. We had three visitors, Joyce Williamon, Beth Doss and Walter Lawson. Elaine gave each of them a welcoming gift.

Gloria Woosley said the blessing before our meal of chicken tenders provided by RMC. Side dishes and desserts were provided by Steel Magnolia members.

We did not have a guest speaker.

BUSINESS MEETING:

Secretary Connie Stephens read the minutes from the August meeting. Steve Stephens made the motion to accept the minutes as read and Brenda Parker 2nd the motion. The meeting minutes were accepted.

Treasurer Chuck Trull gave the financial report.

Elaine went over upcoming events and passed a sheet around for members to sign up to work at the Oxfordfest on October 7th. She also asked that anyone who was interested in volunteering to work at the Lobesterfest on October 21st to see her after the meeting.

Executive Director Nancy Burnell took suggestions for places to hold our Christmas Brunch this year. She will check out the suggested locations and provide us with the information at October's meeting.

Jimmy Taylor told the members of the Golf Tournament Committee that we will have our first meeting to discuss the 2018 golf tournament in the Chaplains Office on October 5th at 5:30 p.m.

Elaine gave out several items to members to help get them ready for the Oxfordfest. Members gathered into groups and were able to have all items packaged and ready to sell at the Oxfordfest.

Chaplain Sherry Grinstead gave a short devotional about little things making a difference and that each of us are important and can make a difference. She ended with a prayer after going over the prayer list.

There was a drawing for prizes and the following members were the lucky winners: Della McNeal, Steve Stephens and Joyce Guldin.

Linda Barton made the motion to adjourn the meeting and Della McNeal 2nd the motion. Meeting was adjourned.

SUBMITTED BY:

**Connie Stephens
Secretary**



Up Coming Events

October 24th is our next meeting and we will have pizza. Steel Magnolias please bring side dishes and deserts. We will have one of our very own sharing their story.

October 27th from 7am until 8:30 RMC's Break for Breakfast at OXFORD MEDIPLEX 1400 Highway Drive Oxford, AL 36203. Stop by for a free healthy breakfast and information about the early detection capabilities available to you at RMC, including our new Genius 3D Mammography technology, without ever leaving your car!

November 20th is the next newsletter mailing day.

December 2nd will be our Christmas Brunch and the time and place will be decided at our October meeting.

There will be no November meeting, everyone enjoy your Thanksgiving holiday!

Birthdays and Survivor Years!

October 21st is Della McNeal's birthday.

November 5th is Sue Patin's birthday and she is a 20 month survivor!

November 15th is Nancy Johnston's birthday.

Updates from October Events

Early Saturday morning everyone was busy setting up their tent and fixing their booths for Oxfordfest. The Steel Magnolias set up on the sidewalk in front of Cotton Antiques. There was a stream of people all day long looking for something unique to take home. We were there with our pink pompoms, breast cancer ribbons and other items to sell. We sold wet and dry wash cloths to cool off or clean up after eating, they were a hit! We found a beautiful ring to sell that has faith, hope, courage around the band with pink ribbons between the words. We had a lot of people to stop at our table to talk and tell their stories. We sold a lot of items and there were a lot of donations. We had a very good day. Thanks to all the Steel Magnolias and volunteers that came out and helped to man our booth.



On Saturday morning Margaret Taylor and Elaine Johns went to Golden Corral to meet with Tangelia Williams who organizes a breast cancer awareness breakfast every year for survivors from her church and surrounding churches. Tangelia brought together a group of 35 to 40 guest and we had a wonderful breakfast and a very encouraging meeting. She also had two other speakers one from Auburn University Dr. Michelle Williams and Sharee Taylor, who is a human nutritionist diet and health educator.



Updates from October Events continued

After we left the breakfast at the Golden Corral we went to Lobsterfest at Grace Episcopal Church. We were one of several vendors or groups to set up on the lawn outside of the church. This is such a beautiful church and if you have never been inside you need to go and see it. Lobsterfest benefits habitat for humanity. There was a steady stream of people that had purchased tickets for the 1,000 plus lobsters that were pre sold. We had several live bands and some beautiful music. Thanks to Marilyn Lawson, Della McNeal and Gloria Woosley for helping out today. We talked to several breast cancer survivors and several families of survivors. It was such a nice day today and we enjoyed the music, food and other vendors.



It was a nice breezy day at Mt. Cheaha Harley Davidson for the Tutus for Tatas. We were rained out on October the 8th and had to reschedule the ride for the 22nd and the only way to let everyone know was by word of mouth. There were 40 to 50 riders that came to participate in the ride, Chef T's food truck was there and also the pink fire truck! Jimmy Taylor gave a touching prayer before we released balloons and the kick stands were up. This awesome group raised \$1431.50 today! Thank you Hog Chapter #3476, Dianne and all the other ladies.



Joggin' Inside

The Southern Baptist Bra

A man walks into the lingerie department of Macys and tells the sales lady, "I would like a Southern Baptist bra for my wife, size 34B.

With a quizzical look the sales lady asks, "What kind of bra?"

He repeats, "A southern Baptist bra. My wife said to tell you that she wanted a Southern Baptist bra and that you would know what she wanted."

"Oh, yes, now I understand" say the sales lady. "We don't get as many requests for them as we used to. Most of our customers lately want the Catholic bra, the Salvation Army bra or the Presbyterian bra."

Confused and a little flustered, the man asks "So what are the differences?"

The sales lady responds "It's really quite simple. The Catholic bra supports the masses, the Salvation Army bra lifts up the fallen and the Presbyterian bra keeps them staunch and upright."

He muses on that information for a minute and says "hmm, I know I'll regret asking, but what does the Southern Baptist bra do?"

"Ah" she replies "the Southern Baptist bra makes mountains out of molehills!!!"

Submitted by:

Faye Roberts

Good Eulogy

The pastor asks his flock, "What would you like people to say when you're in your casket?"

One congregant says, "I'd like them to say I was a fine family man."

Another says, "I'd like them to say I helped people."

The third responds, "I'd like them to say, 'Look! I think he's moving!'"

"Forgetful"

A young parish minister about to deliver his first sermon asked a retired cleric for advice on how to capture the congregation's attention. "Start with an opening line that's certain to grab them," the older man said. "For example: 'Some of the best years of my life were spent in the arms of a woman who was not my wife.' " He smiled at the younger man's shocked expression before adding, "She was my mother."

The next Sunday the young clergyman nervously clutched the pulpit rail in front of the congregation. Finally he said, "Some of the best years of my life were spent in the arms of a woman."

He was pleased at the instant reaction—then became panic-stricken. "But for the life of me, I can't remember who she was!"

No Parking

A minister parked his car in a no-parking zone in a large city and attached the following message to his windshield: "I have circled this block 10 times. I have an appointment to keep. Forgive us our trespasses."

When he returned to his car he found this reply attached to his own note, along with a ticket: "I've circled this block for 10 years. If I don't give you a ticket, I lose my job. Lead us not into temptation."

Submitted by:

Elaine Johns

O GOD, YOU ARE....

D L F D N I K T K I N G R E
 O A B O C K C C T R L L M I
 R M E O R E T R O F M O C F
 E P T R F T U G O R S R R D
 K T N R B E R R R E J I O D
 A G E E S O T E W U E O J L
 M P L R T S L A S N G U R V
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 A P E N E A R O R G A S D M
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 V I N E J U S D U J F E C T

ABLE	EXCELLENT	HEALER	PERFECT
ALMIGHTY	FAITHFUL	JUDGE	RADIANT
AWESOME	FATHER	JUST	ROCK
BREAD	FORTRESS	KING	RULER
COMFORTER	FRIEND	LAMP	SHEPHERD
CREATOR	GLORIOUS	LORD	TRUE
DOOR	GOOD	MAKER	VAST
ETERNAL	GREAT	NEAR	VINE

Created by Donna Houston
10/19/17