

# Steel Magnolias

Breast Cancer Support Group, Inc.

## Giving Back

We all have heard the saying “it takes a village.... “ well in our case it takes a community. I want to share that community with you and I have promised for some time a list of our corporate sponsors for the Lea Fite Golf Tournament and here it is! I want everyone to take the time and read through this list of businesses that support the Steel Magnolias every year. It is not something they have to do, but they see the need for this support group in our community. In return we need to help support these sponsors throughout the year.

The next time you go grocery shopping think of Discount Foods, they are our anchor sponsor every year and the first to send their donation in. Think of Advanced Imaging for you next mammogram, they are new to the area and want to help. When you get ready to buy a new or used vehicle we have 5 choices, Buster Miles Chevrolet, Buster Miles Ford, Sunny King Honda, Sunny King Ford and Sunny King Toyota. Buster Miles and Sunny King both are very involved with our communities all year long. Webb Concrete and Building Materials can handle anything you need in building a house or just doing some remodeling.

There is Jeff Owens & Associates to do your taxes, C.A.R.E.S if you need to go to the doctor, Travis Phillips DMD and Shannon Thomas, DMD if you need a dentist or cosmetic dental services. Regions Bank for your banking needs and any one of RMC’s facilities.

Jacksonville Wal Mart has been faithful to the Steel Magnolias and so has K.L.Brown Memory Chapel. Tyler Union (Union Foundry) and Taylor Corporation employ many in our area and support us every year. Eat at Jacks Restaurant and don’t forget to vote for Randy Wood for Alabama House of Representatives, district 36.

We have many local businesses in the Jacksonville, Anniston, Oxford and the Heflin area that are hole sponsors or give door prizes, all of which helps in making the tournament successful. So just think that anytime you shop with any of the above businesses you are giving back to our community just like they do every year to help us.

September 19, 2016



*Sharing love through support*

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**Steel Magnolias & Men of Steel Meeting**  
**August 23, 2016**

**The Steel Magnolias Breast Cancer Support Group Inc. met on Tuesday, August 23rd in the private dining room of RMC.**

**The meeting was called to order by Executive Director, Nancy Burnell. We had no visitors.**

**Nancy Burnell gave the blessing before our meal of turkey and ham croissants provided by RMC. Side dishes and desserts were provided by Steel Magnolias members.**

**Our very own Gloria Woosley was our guest speaker. Gloria told us her life story (her dash) beginning with her childhood living in a barn into her present day life. She said that as a child she didn't have many people to talk to so she spent a lot of time talking to God. Her grandmother played a very important role in her life and she delighted us by singing a song about her grandmother. Gloria's "dash" was sometimes sad, often funny and was very inspirational to us all. Thank you Gloria for sharing your story with us!**

**After Gloria shared her story, Sherry Grinstead gave the devotional and handed out Tips for Parents to use now that school has started again. We went over the prayer list and Sherry ended with a prayer.**

**BUSINESS MEETING:**

**Treasurer Chuck Trull gave the financial report. Steve Stephens made the motion to accept the report and Linda Barton 2<sup>nd</sup> the motion. The financial report was accepted.**

**Nancy reminded everyone that we have two events that we will be participating in on August 27<sup>th</sup> - WIGs Arts and Crafts Fair and Harley Davidson's Rumble on the Loop. Everyone was asked to sign up to work one of these events.**

**On October 1<sup>st</sup>, Steel Magnolias will be setting up our tent again this year at the Oxfordfest and we will need volunteers for that day also.**

**Elizabeth McCabe reminded everyone that she will be setting up a table at the Weaver Post Office in October and will need help there also.**

**Nancy talked about the New Beginnings Banquet which was a great success; however, stated we had 19 no shows that had RSVP'd. This cost us \$570 because we had to pay for the no shows. There was a discussion about how to handle the no shows in the future and Nancy asked members to write down their suggestions and give to her at the end of the meeting.**

**Nancy Burnell made the motion to adjourn the meeting and Steve Stephens 2<sup>nd</sup> the motion. Meeting was adjourned.**

**SUBMITTED BY:**

**Connie Stephens  
Secretary**











**On Saturday August 27<sup>th</sup> the Steel Magnolias were invited to two events. We were at the Saks Baptist Church campground with Brenda Parker and the ladies from W.I.G.S for a craft fair. We were also at Harley Davison for the “Rumble on the Loop” with Linda Green. We all had a great time and shared information about our group.**



**Everyone had a great time at RMC survivor’s dinner on September 1<sup>st</sup>. Betty’s BBQ prepared a wonderful meal and it was a packed house! Cindy Justice kept everyone busy playing bingo and Mayor Vaughn Stewart spoke to the group.**





## Anniston Oncology

**Anniston Oncology welcomes Ashley M. Fry, M.D. Dr. Fry shares a passion for helping patients manage and overcome cancer and blood disorders. After completing a fellowship in Hematology and Oncology at the University of Alabama at Birmingham, Dr. Fry joined Anniston Oncology to focus her practice in these areas.**

**Her prior training includes an undergraduate degree from the University of Mississippi in Oxford where she graduated Summa Cum Laude. Dr. Fry earned her medical degree from the University of Mississippi School of Medicine in Jackson, Mississippi, where she received the Hattiesburg Physician's Scholarship. One of the highlights in working toward her medical degree was a summer spent in India working with Child Family Health International. Dr. Fry then moved to Birmingham, AL where she completed her internal Medicine residency at UAB.**

**Dr. Fry is board-certified in internal medicine and is certified in Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS). She has participated in research activities throughout her fellowship training and collaborated with international cancer institutions on a presentation for the 2014 American Society of Hematology annual conference "Derivation and Validation of a Score for the Rapid Diagnosis of TTP: the 'Plasmic' Score.**



## Upcoming Events

September 27<sup>th</sup> is our next meeting in the private dining room at RMC at 5 pm. Our guest speaker will be Wendy Watson. We will have chicken fingers with condiments, Steel Magnolias please bring side dishes and deserts.

October 1<sup>st</sup> is Oxfordfest. We will have our booth set up in front of Cotton Antiques on the sidewalk. We will have tee shirts and pompoms to sell. We will have a sign up sheet at our meeting on the 27<sup>th</sup>. Please see what time you will be available to help.

October 2<sup>nd</sup> we need to meet at Mt. Cheaha Harley Davidson to help the Hog Chapter decorate for Breast Cancer Awareness Month and Tutus for Tatas.

October 4<sup>th</sup> the Hog Chapter meets at Struts and would like for two Steel Magnolias come. Please wear Pink! Dinner will be at 6 pm and the meeting is at 7.

October 8<sup>th</sup> Hearts will have their 7<sup>th</sup> Annual Festival and it will be held at the Heflin Recreation Center from 10 am until 3 pm. The Steel Magnolias will have a table set up at this event.

October 15<sup>th</sup> there will be a Chaplain's retreat at Camp Lee for those that participation in the Chaplain's Service.

October 17<sup>th</sup> will be the next newsletter mailing day.

October 23<sup>rd</sup> will be the TUTUS FOR TATAS at Mt. Cheaha Harley Davidson. Registration begins at 12 noon. The Steel Magnolias will have our table set up with our information and we will have an opportunity to sell our tee shirts and pompoms. Everyone will have an opportunity to purchase a balloon in memory or in honor of someone with cancer and at a set time the balloons will be released into the air. There will be a contest for the best decorated bike and individual. Two Steel Magnolias are asked to judge the contests. There will also be a HOG ride on a designated route.

## President's Corner

October is here and it is our month to help bring awareness to breast cancer and to also bring awareness to our group. We need volunteers to help in everything we do. I work a full time job and since I was diagnosed with cancer my life is just about back to normal. That is not the case with a lot of survivors. Cancer and the drugs used to fight the disease take a toll on the body. The reason I am part of this group is to help everyone else that is coming after me and the ones that are still struggling. What I am asking is for everyone to remember others when they are called on to help out for an hour or two, what that time might mean to someone in need.

I want to encourage everyone to call into the office 256-231-8827 with names to be added to our prayer list. If no one answers just leave a first name and their diagnosis. Prayer is powerful.

I am sure "Cindy" the pink fire truck will be in Anniston again this year and we hope to have that information by our meeting on the 27<sup>th</sup>. The Zeta Tau Alpha at Jacksonville State University is taking up supplies for us to help fill Chemo bags and care packages during the month of October. They are faithful to help this time every year.

Come join us for more information for the month of October at our meeting September 27<sup>th</sup> in the private dining room at RMC at 5 pm.

Submitted by Elaine



## Joggin' Inside



**A wife, being the romantic sort, sent her husband a text: "If you are sleeping, send me your dreams. If you are laughing, send me your smile. If you are eating, send me a bite. If you are drinking send me a sip. If you are crying, send me your tears. I love you!" The husband, typically non-romantic, replied: "I am on the toilet. Please advise."**

Five year old Gary gave a very loud, shrill whistle during the minister's prayer one Sunday. After Church, his mother scolded him and said, "Gary, whatever made you do such a thing?" With a grave and serious look, Gary answered, "I asked God to teach me to whistle and he did just then."

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An aunt of a small boy has been quoted as saying: "When my nephew was five years old the surprised me one day by saying, "I guess I'll go outdoors and play ball with God." "How do you play ball with God?" I asked. "Oh, it's not hard at all," he explained. "I just throw the ball up and God throws it back down to me."

While volunteering in a soup kitchen, I hit it off with a very attractive single man. It was a relief, since my mother and I always laughed because the men to whom I was drawn were inevitably married. So, optimistic about my chances, I asked my new friend what he did for a living. He replied, "I'm a priest."

A commercial boasted that its product could help people live pain-free in their golden years. "Am I in my golden years?" my wife, 63, asked.

"Not at all," I assured her. "But you are yellowing fast."

On the first night of their honeymoon, the husband isn't sure how to tell his bride about his stinky feet and smelly socks, while the wife is wondering how to break the news to him about her awful breath, which so far, she's been able to cover up. After some soul-searching, the husband gathers his nerve and says, "I have a confession."

She draws closer, peers into his eyes, and says, "Darling, so do I."

Recoiling, he says, "Don't tell me—you've eaten my socks."

"That's a nice plant," said a woman at the florist's shop, pointing to the flower I was buying.

"Yeah, my wife and I had an argument," I admitted. "I was going to buy her a dozen roses, but I don't think she's that mad at me."

A priest, a minister, and a rabbi want to see who's best at his job. So each one goes into the woods, finds a bear, and attempts to convert it. Later, they all get together. The priest begins: "When I found the bear, I read to him from the catechism and sprinkled him with holy water. Next week is his first Communion."

"I found a bear by the stream," says the minister, "and preached God's holy Word. The bear was so mesmerized that he let me baptize him."

They both look down at the rabbi, who is lying on a gurney in a body cast. "Looking back," he says, "maybe I shouldn't have started with the circumcision."

"What's wrong, Bubba?" asked the pastor. "I need you to pray for my hearing,"

said Bubba. The pastor put his hands on Bubba's ears and prayed. When he was done, he asked, "So how's your hearing?" "I don't know," said Bubba.

"It isn't until next Tuesday."

# WHAT SHE SAID

By Donna Houston

E L P I C S I D R O W A D N  
L H A N N A H R U S H L T O  
E M O T I O N A N T N S F I  
H A R O B E D M R O O A G S  
H P Z U Y B P A H A I B A N  
T O I X T E M I T T S T E E  
E S L E I H C R H H S N C T  
B T Y Y N O M I T S E T L A  
A L D L U H F M E L R S M B  
Z E I R M R A G A H P O E E  
I P A M M K O D K P X R W D  
L G O A O D G W L S E R A C  
E M R E C A P A A U H U R Y  
I Y W O M E N L T O H E A R

ACTION

APOSTLE

CARE

COMMUNITY

COURAGE

DEBORAH

DISCIPLINE

DRAMA

ELIZABETH

EMOTION

EXPRESSION

FAITH

GOD

HAGAR

HANNAH

HEAR

HESED

HULDAH

LAW

LYDIA

MAGDALENE

MARTHA

MARY

MIRIAM

NABIAH

NAOMI

PLAN

POEM

PRAY

RUTH

SARAH

SHE

TALK

TENSION

TESTIMONY

TIME

WAR

WOMEN

WORD

WORSHIP