

# Steel Magnolias

## Breast Cancer Support Group, Inc.

### Supporting our Services

February 15, 2016

Here we are again in a new year and everything is coming faster than you think it is! This a very busy and important time of the year for us. We have our two biggest fund raisers for the year that support our services. It is hard to believe that we are getting ready for the bake sale and jewelry sale plus the golf tournament.

Please come and support us at the Quintard Mall on Saturday March the 26<sup>th</sup> for our annual Bake and Jewelry Sale. We will be in front of Bath and Body Works. You can support us by baking something for us to sale or come buy your desert for Easter. Don't forget Mom; pick her up something from our jewelry sale for Mothers day. Marti has quite a selection this year, something for everyone. We have included a flyer in this newsletter for you to share or post at your office or church.

If you play golf or know someone that does, please contact Jimmy Taylor @ 256-201-3218 to register for the 7<sup>th</sup> annual Lea Fite Memorial Golf Tournament at Pine Hill Country Club April 23<sup>rd</sup>. We have such a great turn out every year with a great bunch of guys. If you would like to sponsor a hole or make a donation in honor or in memory of someone please contact Jimmy or call the office @ 256-231-8827. We have included a flyer for the Golf Tournament in this newsletter for you. All donations and sponsorships are tax deductible.

#### President's Corner

I finally received a survivor story! Thank you Teresa Coleman for sharing your story with us. I hope you have encouraged others to share their stories too. I would love more from our readers. We all have traveled the same path and we need to help others who are just starting theirs. They have all the same fears we survivors have had and need to know they can get through it.

I want to know what information our readers would like to see in the newsletter. Please send request to [elaine@steelmagnoliasinc.org](mailto:elaine@steelmagnoliasinc.org) or mail your request to my attention to Steel Magnolias PO Box 2208 Anniston, AL 36202.

If you are a survivor, spouse or caregiver, please come to our meeting February the 23<sup>rd</sup> in the private dining room at RMC. For directions call 256-231-8827.

"Roger Zeimet, one of our "Men of Steel", is performing this month in a local production of the play "The Miracle Worker", the story of Helen Keller and Annie Sullivan, her dedicated teacher, who managed to open the mind of her deaf and blind student. Roger will be playing a supporting role in the production. Performances will be held at 7:30 on the evenings of February 18, 19, and 20th, and at 2:30 on 21st, at the McClellan Theater located in the old Military Police School building on Fort McClellan. Ticket prices are \$20 for adults, \$10 for students. The play is a production of Anniston's CAST (Community Actors' Studio Theatre).



#### Sharing love through support

Steel Magnolias  
P.O. Box 2208  
Anniston, AL 36202

Lenora Johnson, Founder  
Nancy Burnell, Executive Director  
[nancyburnell@gmail.com](mailto:nancyburnell@gmail.com)  
Editor: Becky Tiner  
[Beckyathome@att.net](mailto:Beckyathome@att.net)

Elaine Johns, President  
Keither Zimet, Vice President  
Connie Stephens, Secretary  
Chuck Trull, Treasurer  
Group Chaplains: Gloria Woosley  
& Sherry Grinstead  
RMC Chaplain, Jim Wilson  
Historian & Photographer:  
Elizabeth McCabe

Pinks Boutique: Marti Warren,  
Mgr. For Appointment (256) 239-  
0855 Office 256-231-8827  
Physicians Center, STE 407  
901 Leighton Ave.  
Anniston, AL 36207

[www.steelmagnoliasinc.org](http://www.steelmagnoliasinc.org)

Like us on facebook

Email any officer by typing the  
officer's first  
name@steelmagnoliasinc.org

Steel Magnolias & Men of Steel Meeting  
January 26, 2016

The Steel Magnolias Breast Cancer Support Group Inc. met on Tuesday, January 26<sup>th</sup> in the private dining room of RMC.

The meeting was called to order by President Elaine Johns. We had 3 visitors, Lagina Fillingim, Faye Roberts and Pam Pinkard, which were welcomed to our meeting by Nancy Burnell.

Nancy Burnell gave the blessing before our meal of baked potatoes provided by RMC. Side dishes and desserts were provided by Steel Magnolias members.

Nancy Burnell introduced our guest speakers Kristin Reimer and Pat Yates from Knitted Knockers. Kristin and Pat belong to the Oxford Library and First United Methodist Church of Anniston knitting groups which knit special soft/light weight breast prosthetics that are very comfortable for women who have undergone mastectomies, lumpectomies and radiation and/or are undergoing reconstruction. Kristin brought samples of the knitted knockers which are a comfortable and affordable alternative to traditional prosthesis that can be worn with your regular bra. Pat stated that their group would be more than happy to knit knockers at your request.

Margaret Taylor introduced our next guest, Lagina Fillingim, RMC Foundation Director. Lagina wanted to thank Steel Magnolias for our donation of \$5,000 to the new Cancer Center that is being built and stated that our organization gave the first large donation to support the Cancer Center. She also stated that the Community Outreach Employees want to be a part of anything that the Steel Magnolias do and are willing to help us with future projects. Lagina also told us about a scholarship the foundation will be giving in the fall of this year in honor of Martha Vandervort.

**BUSINESS MEETING:**

Minutes from the December 5, 2015 Brunch at Classic on Noble were read by Secretary Connie Stephens. Steve Stephens made a motion to accept the minutes as read and Marilyn Lawson 2<sup>nd</sup> the motion. The minutes were accepted as read.

Treasurer Chuck Trull gave the financial report. Roger Zeimet made the motion to accept the report and Judy Elders 2<sup>nd</sup> the motion. The financial report was accepted.

Marilyn Lawson made a motion that we approve \$500 to fund the purchase of materials for the Knitted Knockers so that we can include the knit prosthetics in the care packages. Margaret Taylor 2<sup>nd</sup> the motion. Motion was approved.

President Elaine Johns reminded everyone that we will be having our annual bake sale on March 26<sup>th</sup> at the Quintard Mall.

Nancy Burnell announced that the Officer Nominating Committee had met to nominate officers for 2016 and asked Jimmy Taylor to give the nominations to the group.

Officers nominated by the committee for 2016 were as follows:

President:	Elaine Johns
Vice President:	Keither Zeimet
Secretary:	Connie Stephens
Treasurer:	Chuck Trull

All members were in agreement with the above persons as the 2016 officers.

Jimmy Taylor announced that the golf tournament will be held at Pine Hill Country Club on April 23<sup>rd</sup> and asked that each member try to get one door prize and one hole sponsorship for the tournament. Margaret passed out flyers for the golf tournament for members to distribute.



After going over the prayer list, Nancy Burnell ended the meeting with a prayer.

Jimmy Taylor made the motion to adjourn the meeting and Linda Barton 2<sup>nd</sup> the motion. Meeting was adjourned.

SUBMITTED BY:

Connie Stephens  
Secretary



## **My Survivor Story**

Hi, my name is Teresa L. Coleman. I am 53 years old. I live in Cedartown, GA. I have 3 kids ages 20, 18 and 15. I am a widow. My husband passed away 04/06/2010, he had Non Hodgins Lymphoma and Leukemia. He liked one month living 5 years after he found out he had cancer. During that time I found out I had stage 2/3 breast cancer, Invasive Ductal and Lobular cancer. I had 1 lymph node with metastatic carcinoma all on my right side. This all started 6/23/09. I had a biopsy and an ultra sound guided needle core biopsy. I then had a lumpectomy on my right breast, a Medi-port was put in place and I started Chemo on August 8<sup>th</sup>.

I started Radiation on January 19<sup>th</sup> 2010 and finished March 8<sup>th</sup> 2010 after 30 treatments. I then had a complete Hysterectomy on the 29<sup>th</sup> of March. I started Arimidex pill for 5 years, but my cancer is so aggressive they left me on the pill for now. I sure am glad, even though I hurt badly in my joints that I am still on the pill. Well after my hysterectomy my stomach got infected for some reason. I had cellulites. My Doctor wanted me back in the hospital that day, but I couldn't because my husband had passed away. I had to wait until his funeral was over then went in the hospital. Well my stomach busted open then it was M.R.S.A. Staph infection, the worse one to have. I got well enough to come home, but my mama had to pack my stomach every day for a week or two. During this time my mama told my doctor "Teresa has a hernia growing". Sure enough I ended up with the mesh and all doubled lined. All this happened October the 4<sup>th</sup> 2010. During all this my husband had not mad a will. He had 4 other kids by his 2 ex-wives. I had to fight like crazy to become administrator over what he had. I sold the house and split the money with seven kids in all. Se me and my three children moved and bought a house up town.

I've had two or three scares when I found a knot in my right breast, which "Thank God" it turned out to an oil cyst both times. I have other health problems now, but buy the Grace of God I am still kicking. I was 46 when I found out I had cancer in June of 2009. I turned 47 that September. Now I am 53 and still raising my kids. I thank God for it all. Because God is good all the time. All the time God is good!

Thanks for letting me share some of my story with you all. If anybody would like to be pen pals to hear more of my story and me hear theirs that would be nice.

Thanks,  
Teresa L Colman  
425 Walnut Street  
Cedartown, Ga 30125

P.S.  
I hope my story will be published. I want people to know about my life and how prayers work. Because without prayers I might not be here and my kids need me. I am all they have!  
P.S.S.  
I don't have e-mail or a computer. So I will have to write or call me at 770-748-3907.

### **Up Coming Events**

February 22<sup>nd</sup> is the next golf tournament meeting in the Chaplin's office at 5pm

February 23<sup>rd</sup> is our next meeting in the private dining room at RMC. We will have Ham and Turkey croissants, Steel Magnolias please bring side dishes and deserts. Our guest speaker will be Adam Portwood from Walgreens.

March 14<sup>th</sup> is the next mailing day.

March 22<sup>nd</sup> is the date for our next meeting

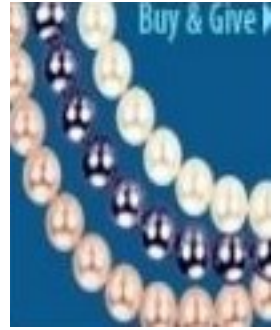
March 26<sup>th</sup> is our annual Bake and Jewelry sale at the Quintard Mall.

April 23<sup>rd</sup> is the Lea Fite Golf Tournament at Pine Hill Golf Course.





**SATURDAY  
MARCH  
26TH**



**Steel Magnolias Breast Cancer  
Support Group  
Annual Bake and Jewelry Sale**

**Quintard Mall  
Next to Bath and Body Works**

**9:00 am –5:00 pm**

**Baked Goodies  
Just in time for Easter**

**Great Jewelry selections  
From Marti's Collection**

**For Easter & Mother's Day**

*Steel Magnolias  
Breast Cancer Support Group, Inc*



## Joggin' Inside

A child asked his father, "How were people born?" So his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on." The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now." The child ran back to his father and said, "You lied to me!" His father replied, "No, your mom was talking about her side of the family."

After dying in an accident, three friends go to Heaven for orientation. They are all asked the same question: "When you are in your casket, and friends and family are mourning over you, what would you like to hear them say about you?" The first guy immediately responds, "I would like to hear them say that I was one of the great doctors of my time, and a great family man." The second guy says, "I would like to hear that I was a wonderful husband and school teacher who made a huge difference in the children of tomorrow." The last guy thinks a minute and replies, "I guess I'd like to hear them say...*look, he's moving!*"

A boy speeding on road. Guard stops him and ask, "Did you see the speed limit sign?" The boy says, "Yea, I just didn't see you."

Wife: "I look fat. Can you give me a compliment?"  
Husband: "You have perfect eyesight."

Teacher: "Kids, what does the chicken give you?"  
Student: "Meat!"  
Teacher: "Very good! Now what does the pig give you?"  
Student: "Bacon!"  
Teacher: "Great! And what does the fat cow give you?"  
Student: "Homework!"

Jokes courtesy of Pokie,  
Anniston, AL

### 10 FUN FACTS

1. You can't wash your eyes with soap.
2. You can't count your hair.
3. You can't breathe through your nose, with your tongue out.
4. You just tried no. 3
6. When you did no. 3 you realized it's possible, only you look like a dog.
7. You're smiling right now, because you were fooled.
8. You skipped no. 5
9. You just checked to see if there is a no. 5
10. Share this with your friends to have some fun too! :-)

Q: What did the duck say when he bought lipstick?  
A: "Put it on my bill."

One day a mailman was greeted by a boy and a huge dog. The mailman said to the boy, "does your dog bite?"  
No," replied the boy.  
Just then the huge dog bit the mailman.  
The man yelled, "I thought your dog doesn't bite!"  
"He doesn't," replied the boy, "that's not my dog!"

### SENILITY PRAYER

God grant me the senility to forget those people I never liked anyway, the good fortune to run into those I do like, and the eyesight to tell the difference. Amen.



SOMETIMES I FEEL THAT I HAVE THE WORST JOB IN THE WORLD!

YA...RIGHT!



I get more cleaning done in the ten minutes before someone comes over than I do in a week.



your eCards  
someecards.com

I keep hitting 'escape,' but I'm still here.



## SCIENCE AND THE BIBLE

By Donna Houston

U T O N Y L D Y L P M I S O  
N U H S E E E G T Y W J S T  
D I M I T V F C O I E E W M  
E X P A N D I N G S L O I F  
S E E J O K L G U P P I L V  
U R U G I E M S I V X E B I  
C S O F T E L C S O S H L A  
T U O B A L N B C M E W Y E  
T R T N E I C S I N M O H D  
M W I C R H T H E B B T E L  
I N I P C R C H N I R S P R  
G A B L A F S A C A A O J O  
N E X P L O R E E B C G U W  
T J L A R U T A N R E P U S

Find the highlighted words:

GOD has given us the ABILITY to THINK and to EXPLORE the WORLD He has CREATED. We should not SHUN SCIENCE but EMBRACE it because God HIMSELF is its designer. Through scientific observation and PRINCIPLES, we understand how LIFE starts with the combination of JUST TWO CELLS. And through scientific application, God has GIVEN us the capacity to REACH the remotest PARTS of the EARTH with the GOSPEL of JESUS Christ.

Our FAITH is not BASED on the WILL and intention of man, but on the OMNISCIENT, all-powerful God of the BIBLE. Science can be USED for EXPANDING our VIEW of the beautiful complexity of God's CREATION, but it cannot be used to FORM a philosophy ABOUT the SUPERNATURAL or the MEANING of life. It is SIMPLY not equipped to do so.