

# Steel Magnolias

Breast Cancer Support Group, Inc.

March 16, 2015



*The view from my window on the afternoon of February 25, 2015, was repeated over and over again, throughout the northern half of Alabama. Overnight, many of us had an additional 2 or more inches of snow. Some counties were forced to shut all roads in or out of their city limits.*



**Sharing love through support**

**Steel Magnolias  
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Treasurer  
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There are unexpected acts of kindness that we must never forget! Also, we must always be sensitive to the opportunities to be God's hands extended to anyone who is in need of assistance when it is in our power to help. I have been told that it is best to give flowers while a person lives and it is from a grateful heart that I extend these flowers.

Late evening of the first really cold snap, neighbors, Tim and Sherry Beard drove up to my house with their phone number written on a piece of paper and said, "If you ever need anything, call us." I mentioned large limbs that need to be cut into firewood. A few weeks later, Tim brought his chain saw, cut and stacked the firewood. I told him how grateful I was, that the fireplace was my backup in case the power ever went out.

Before the February 25 snowstorm, I stacked firewood, under the eave of my house, on my deck and placed some larger pieces near my fireplace and loaded the firebox in case it was needed. At 8:30 pm, the power went out! Thanks to Tim, I had backup heat. The power was restored about 3 hours later. But that is not the end of this story! On the morning of February 26, I saw Tim, in his pick-up, attempting to drive up my hill. He then got out of his truck, took a flat shovel and scraped snow from my steep driveway, making it possible for me to drive off my hill. Thank you Tim and Sherry Beard for being such good neighbors!

## **Quotable Quotes**

*How beautiful a day can be when kindness touches it.* George Elliston

*Kindness is a language which the deaf can hear and the blind can see*  
Mark Twain

*A man sees in the world what he carries in his heart.* Goethe

## Evidence of Things Not Seen

I am sure that almost everyone is as eager as me to see Spring flowers and feel the warmth of the sun. There is evidence that 2014/2015 winter will soon be behind us.

It is a joy to see new life struggle through frozen cold ground. The picture at the top left was made on March 25th at Lenora's home. The middle left picture was made in Piedmont, Alabama by Lori Traffansteadt, friend of Susan Dupree. These brave spring flowers are the first heralds that winter is losing her grip and that Spring is very near.



### *The Promise of Daffodils*

*Beneath my lovely willow tree,  
Her graceful limbs, bowing and spinning;  
Laid bare, in the cold north wind,  
Her once rich leaves lay quivering.*

*Her cold and naked branches  
Sleep through the winter's wind and snow  
Till Spring's warmth once again entrances.*

*In the grip of Winter's night,  
My being aches with Mother Nature.  
Go away day, cold and gray,  
Come warmth, come beauty, come light.*

*While the earth is still frozen and still,  
In a relentless winter's chill,  
My spirit is made to soar;  
By the promise of daffodils.*

Lenora Washington Johnson  
March 2005

Courtesy of Lenora Johnson, Founder

Steel Magnolias & Men of Steel Meeting  
February 24, 2015

The Steel Magnolias Breast Cancer Support Group Inc met on Tuesday, February 24<sup>th</sup> in the private dining room of RMC.

Chaplain Sherry Grinstead gave the blessing before our meal of Papa John's Pizza. Side dishes and desserts were provided by Steel Magnolias members.

Jim Downey, Downey Drugs, was our speaker for the night. Mr. Downey was a very entertaining speaker who spoke to us about E-Z MEDS, a medication management program. He explained that if we decided to use the program that all our prescriptions would be filled at the same time each month through a synchronization program and that Downey's makes all the calls to doctors' offices for refills. All medications and supplements are pre-packaged and labeled in tear off dosage strips, and there is no charge for the E-Z Meds Program.

### **BUSINESS MEETING:**

Minutes from the Jan. 27, 2015 meeting were read by Secretary Connie Stephens. Carrlotta Davis made a motion to accept the minutes as read and Janet Reese 2<sup>nd</sup> the motion. The minutes were accepted as read.

Steel Magnolias & Men of Steel Meeting  
February 24, 2015 Continued

Treasurer Chuck Trull gave the Financial Report and Margaret Taylor made a motion to accept the Financial Report. Steve Stephens 2<sup>nd</sup> the motion and the financial report was accepted.

Chuck also told us that Dave Roberts checked into the price for a sound system and that we could purchase one for \$1,499. Chuck then presented a card and birthday cake to President Elaine Johns and thanked her for all her hard work. Chuck made a motion that we celebrate members' birthdays each month with a birthday cake and Nancy Burnell 2<sup>nd</sup> the motion.

Elaine reminded everyone of the bake and jewelry sale to be held at the Quintard Mall on April 4<sup>th</sup> and asked everyone to sign up to work that day.

Margaret Taylor told everyone that we are working on the golf tournament that will be held at Pine Hill golf course on April 25<sup>th</sup> and asked everyone to try to get at least one hole sponsor and one door prize. She also told everyone to be looking for our advertisement for the golf tournament in the Anniston Star. The Anniston Star gave us more than \$2,000 worth of advertising for the reduced price of \$500.

Sherry gave a very interesting devotional about Jesus' disciples and taught us a song that will help us remember all the disciples' names. She then went over the prayer list and ended with a prayer.

Steve Stephens made the motion to adjourn the meeting and Margaret Taylor 2<sup>nd</sup> the motion. Meeting was adjourned.

SUBMITTED BY:

Connie Stephens  
Secretary



## Up Coming Events

March 23<sup>rd</sup> and the following Mondays after that we will meet at 5p.m. at Betty's BBQ for the golf tournament. If you would like to help with getting sponsors, door prizes or corporate sponsors we would be glad to have you.

March 24<sup>th</sup> will be our next meeting in the private dining room at RMC at 5p.m. Our guest speaker will be Louis Bass, CEO at RMC. We are having ham and turkey sandwiches, Steel Magnolias please bring side dishes.

April 4<sup>th</sup> is the Bake and Jewelry sale at the Quintard Mall in front of Bath and Body Works.

April 20<sup>th</sup> is the next mailing date.

April 25<sup>th</sup> is the Lea Fite Golf Tournament at Pine Hill Golf Course.

## President's Corner

Easter is right around the corner and we have everything lined up for the Bake and Jewelry Sale at the Quintard Mall April 4<sup>th</sup>. I hope everyone will be there. We are adding copies of the flyers for the Bake Sale and the Golf Tournament in this news letter. Please take them, make copies and post them at your Church or place of work. We will set up for the Bake and Jewelry sale around 8 a.m. Saturday morning in front of Bath and Body Works. I can't wait to see what all we have to sell. Don't forget to get your volunteers to help bake for the sale. Salty items are good also for people who can't have sweets! We will price the items the day of the sale.

Preparations for the Lea Fite Golf Tournament are under way and we are off to a great start. Everyone is working hard getting sponsors, door prizes and looking to sign up teams. If you need flyers to post, sponsorship packets or team sign up sheets, contact Margaret and Jimmy Taylor at 256-201-3218. We are wanting to have at least 25-4 men teams. If you know anyone who wants to play, contact Jimmy Taylor, he will hook them up! We want to make this our best tournament yet! This information can be found on our web page, [www.steelmagnoliasinc.org](http://www.steelmagnoliasinc.org) or on our face book page. You can print them out in color.

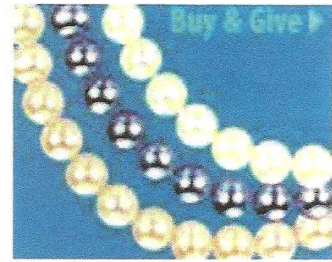
We are trying to get our news letter to as many people as we can, but we are limited to the amount of mail we can send out. If you would like to receive your copy by email please let us know. If you no longer wish to receive it at all let me know. Just contact me at [elaine@steelmagnoliasinc.org](mailto:elaine@steelmagnoliasinc.org) and we will remove you from the mailing list and add you to the email list.

There is still a need for help in the office at the Physician's Center. If you feel you have a day or a half day contact Nancy at [nancy@steelmagnoliasinc.org](mailto:nancy@steelmagnoliasinc.org) or you can call Margaret or Nancy at the office @ 256-231-8827. Margaret works Thursday and Nancy works Friday. Please consider helping us out.

Again this month I had no one to offer their survivor story. If you would like to share your story with us anonymously we can do that also. Your story could help someone that has just started this journey or someone who is in the middle of their treatments. You are a source of information and inspiration to others when you tell your story. Please send me your story by email me at [elaine@steelmagnoliasinc.org](mailto:elaine@steelmagnoliasinc.org) or mail it to Steel Magnolias PO Box 2208 Anniston, Al 36202 Attn: Elaine

If you are reading this for the first time and would like to come to our monthly meetings, come on! We meet the 4th Tuesday of every month (except July and December) in the private dining room at RMC. You get a chance to meet and talk to other women that know what you are going through. If your husband or boyfriend want to come, bring them. The Men Of Steel meet with us every month also. If you are not sure of where the private dining room is, just give us a call at the office after 11am. Monday through Friday at 256-231-8827 and we will give you directions. Hope to see you there.

Submitted by Elaine Johns



*Steel Magnolias Breast Cancer  
Support Group*

## **Bake and Jewelry Sale**

**Saturday April 4th**

**Quintard Mall**

**Next to Bath and Body Works**

**9:00 am –5:00 pm**

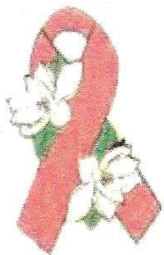
### **Baked Goodies**

Just in time for Easter

**Great Jewelry selections**

**From Marti's Collection**

**For Easter & Mother's Day**



For more information:

Call the Steel Magnolias Office (256) 231-8827



# 6th ANNUAL ~LEA FITE MEMORIAL GOLF TOURNAMENT~

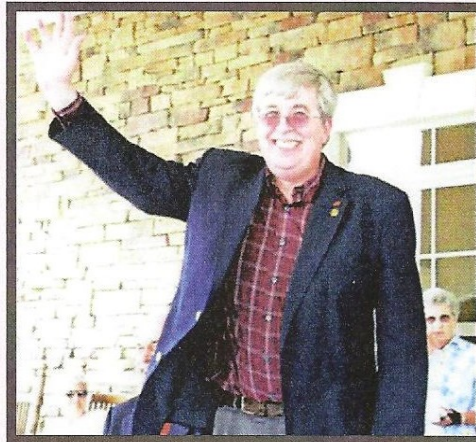
PRESENTED BY: MEN OF STEEL

Benefiting "Steel Magnolias" Breast Cancer Support Group, Inc.

Saturday April 25, 2015

At

PINE HILL COUNTRY CLUB



**4 PERSON-BRING YOUR OWN TEAM SCRAMBLE**

**\$60 per person / \$240 per team**

**EARLY REGISTRATION by April 15th**

**\$50 per person / \$200 per team**

**1pm-Shotgun Start**

**1st Flight- 1st Place Team \$400      2nd Flight- 1st Place Team \$300**

**2nd Place Team \$200**

**2nd Place Team \$150**

*\*Prizes based on Full Field\**

**2 Mulligans/Throw/Skirt    \$15 Early Registration    \$20 Day of Tournament**

**~SPONSORSHIP OPPORTUNITIES AVAILABLE~**

**PINK- \$1250 and UP**

**PLATINUM- \$1000**

**GOLD- \$750 SILVER- \$500**

**BRONZE- \$250**

**HOLE SPONSOR- \$100**

**~FOR MORE INFORMATION CONTACT~**

**JIMMY TAYLOR @ 256-201-3218 - 81 Amy Court - HEFLIN, AL**

**tjimmeg63@aol.com**



Joggin' Inside  
Provided by Pokey Warren, Anniston, AL

A little boy opened the big family Bible. He was fascinated as he fingered through the old pages. Suddenly, something fell out of the Bible. He picked up the object and looked at it. What he saw was an old leaf that had been pressed in between the pages.

'Mum, look what I found,' the boy called out.

'What have you got there, dear?'

With astonishment in the young boy's voice, he answered,

'I think it's Adam's underwear!'

.....

An exasperated mother, whose son was always getting into mischief, finally asked him, "How do you expect to get into Heaven?"

The boy thought it over and said, "Well, I'll just run in and out and in and out and keep slamming the door until St. Peter says...'For Heaven's sake, Jimmy, come in or stay out!'"

.....

A motorcycle patrolman was rushed to the hospital with an inflamed appendix. The doctors operated and advised him that all was well. However, the patrolman kept feeling something pulling at the hairs on his chest. Worried that it might be a second surgery the doctors hadn't told him about, he finally got enough energy to pull his hospital gown down enough so he could look at what was making him so uncomfortable.

Taped firmly across his hairy chest were three wide strips of adhesive tape, the kind that doesn't come off.

Written in large black letters was the sentence.

"Get well quick..... from the nurse you gave a ticket to last week."

.....

I have discovered  
the secret to  
a clean house:  
never let your  
children or  
husband  
enter it.



*Remember: Dogs and cats are better than children because they:*

1. Eat less.
2. Usually come when called.
3. Are easier to train.
4. Don't ask for money all the time.
5. Don't drink or smoke.
6. Don't hang out with friends who use drugs.
7. Never ask to drive the car.
8. Don't have to have the latest fashions.
9. Don't want to wear your clothes.
10. Don't need a gazillion dollars for college, and
11. If they get pregnant, you can sell their children!

Donation to Steel Magnolia Breast Cancer Support Group

My donation is: \$ \_\_\_\_\_

Please mail checks to: Steel Magnolia Breast Cancer Support Group  
PO Box 2208  
Anniston, AL 36202

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Please mail my tax receipt

Do not mail my tax receipt

# EASTER

by Donna Houston

G I N K R L T N O I S S A P  
S R E I D L O S Y A F M A S  
I E S N E I M K D L E S L S  
R D I G W H B U W E O I E U  
S E R N O L J E D G A H V N  
A S V W O L J E E N T T I D  
T O O O A U R T I A P U L A  
F H D R S K H S B E T R A Y  
O O O C C S J B T R E T F D  
R S O R E U A E L T E I P E  
G A H M N S R P S I C A B V  
I N A E D S U A B U F J D A  
V N O I T C E R R U S E R S  
E A I O L E U C H A R I S T

ABBA  
ALIVE  
ANGEL  
ASCEND  
BETRAY  
BLOOD  
BREAD  
CROSS  
CROWN  
CRUCIFY  
CUP

EASTER  
ELOI  
EUCCHARIST  
FORGIVE  
GETHSEMANE  
HOLY  
HOSANNA  
JESUS  
JEW  
JUDAS  
KING

LIFE  
NAILS  
PASSION  
PASSEVER  
PETER  
REDEEM  
RESURRECTION  
RISEN  
SABBATH  
SAVED  
SEDER

SIN  
SKULL HILL  
SOLDIERS  
SUNDAY  
THORNS  
TOMB  
TRUTH

