

Steel Magnolias

Breast Cancer Support Group, Inc.

Mentors

April, 15, 2019

The definition of MENTOR: A wise and trusted counselor. Many times, a mentor is chosen when we are only children and sometime after we become young adults or perhaps a more mature individual. Because of my personality, my mentor is and has been for many years, Hazel Aderholdt, Johnson, Rudolph. Hazel lived in a world of possibilities. While she experienced many tragedies in her life, she always believed given enough time, there was the possibility of overcoming and reinventing herself. Her glass, as the saying goes, was always half full. Also, age meant nothing to her. She simply lived each day with joy and with the expectation that it is a good day! At 95 years of age, Hazel wrote the following poem> lengthy but great advice!



Sharing love through support

An Old Age Recipe--Old Age is a Time You Can't Ignore
Hazel Johnson Rudolph--Age 95

Like I've said before, Old age is a time you can't ignore,
It will catch you early, or it will catch you late.....
But it will catch you....That's as sure as Fate.
Some people grow old by 44, others look old at 50 or more.
But the best thing to do when it happens to you
Just keep thinking young, and that will carry you through.

Don't mope over the years that have come and past...
No one promised you youth forever would last,
Just think of the days that lie ahead, and don't waste time thinking
While lying in bed. Get up and be doing something well,
If it's only a short ways, walk a spell. Look at the Sunset,
Feel the breeze and marvel at the beauty of the birds in the trees.

Spend some time reading a joke....Laughter never killed any old goat.
It's good medicine for the mind and the soul-
Really, it will keep you from growing old.
Make young friends...That's easy to do
And their youth will inspire and revitalize you.

Do something to help others along...In the joy of service, you'll never go wrong.
I know your knees will hurt and creak, and some days you can't stand on your feet.
Your eyes will grow dimmer, your ears will get bad,
But you'll miss a lot of National News that is terrible and sad!
Invite some friend to have a good time.
Don't mind your dirty house, You should see mine!
I've kept it clean all these years, But now I can't risk falling off ladders and chairs.
Make a pot of coffee...that will do.... They really don't need much, a cookie or two...
Have some fun... Don't mention your pain...Talk about the weather, "We sure need rain."

Tell a good joke, either one or more...Don't worry too much if you've told them before.
Most everyone's memory is just like mine. Chances are they've forgotten them every time.
Keep in touch with your children, They're growing old too
And they act real bossy...You know that's true. But be patient with them
Whatever you do, For sure as you're living, their time's coming too.

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Email any officer by typing
Their—first name
@steelmagnoliasinc.org

**Don't think about Nursing Homes, They'll come soon enough,
Stay busy and forget that stuff!
But if and when you do have to go, Plan ahead wisely and STEAL the SHOW!
Be the best tenant that you can be, and revive that place of NO LIBERTY!
Jolly those poor inhabitants there and make them forget every worry and care.
We can be Happy, whatever our Fate, and count our blessings,
Whether early or late, and just be glad that we're alive, whether we're 50-60 or 95!**

What a remarkable woman! That at 95 years of age, she could write such a positive poem about life and aging! I'm sure Hazel was a mentor to many people other than me! I told Hazel, "When I get grown, I want to be just like you!" Who is your mentor? Make sure they know the impact they have had on your life!

**Submitted by Lenora Johnson, Founder
Steel Magnolias Breast Cancer Support Group, Inc.**

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**STEEL MAGNOLIAS AND MEN OF STEEL MEETING
March 26, 2019**

Meeting was called to order by our President, Elaine Johns. We were honored to have three first time guests: Miss Bea, Kathy Cross, and Robin Mobley.

B.R. from the Quad City Fire Department invited us to their annual Bar-B-Q which will be the first Saturday in June. He also introduced our guest speakers, Ron and Jim, from the Pink Heals, Central Alabama. Pink Heals is a nonprofit organization with the mission to provide communities with a program that supports people in need on a personal level in partnership with public safety and local businesses. Their main goal is to support all people battling all things. They have a pink fire truck, a pink van, and a pink SUV. They will go wherever and whenever needed.

Minutes of the previous meeting were read and motion made by Roger Ziemet and seconded by Judy Elders that minutes be accept as read.

Treasurer's Report was given with a March beginning balance of \$34,8911.49 and ending balance of \$34,687.94

Jimmy and Margaret Taylor gave an update on the golf tournament. As of meeting date, we had \$17,830.00 of our \$25,000.00 goal. Tee time is 9:00 all workers were encouraged to be there at 8:00. There will a bag stuffing party on Monday, April 8th at 5:00.

Door prizes were won by Doris McWhorter, Marti Warren, and Della McNeal.

No further business, motion was made by Steve Stephens and seconded by Janet Reese that meeting be adjourned.

**Submitted by
Brenda Parker, Secretary**



3:16
THE NUMBERS OF HOPE

He is
RISEN

Birthdays and Survivor Years!

April 24th is Brenda Parker's birthday and she is a volunteer
April 25th is Shirley Forbus' birthday and she is a volunteer
April 30th is Marilyn Lawson's birthday and she is a survivor!
May 4th is Margie Smith's birthday and she is a volunteer

Upcoming Events

April 23rd will be our next meeting in the private dining room at RMC. RMC will provide Hamburgers, hot dogs and buns with condiments for our meal. Steel Magnolias please bring side dishes and deserts. Our guest speaker will be Walter Lawson. We will have a report on the results from the golf tournament. Bring a friend! See you there!

May 21st is the next newsletter mailing day. If you have anything to put in the newsletter or if there is anything you would like to see in the newsletter, please send it to me. **I would love for someone to share their journey in the newsletter.** If you will, please send it to Elaine Johns c/o Steel Magnolias PO Box 2208 Anniston, AL 36202 or email it to elaine@steelmagnoliasinc.org. Remember to send in helpful tips that worked for you while going through treatments.

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The 10th Annual Lea Fite Memorial Golf Tournament

The 10th Annual Lea Fite Memorial Golf Tournament is in the books! For about five and a half months members of the Golf Committee have been hard at work to make this tournament happen. Special thanks to Jimmy and Margaret Taylor who really gets the ball rolling. They organize the list of past sponsors and start making calls and sending out letters before the first of the year to get the word out about the upcoming tournament. The committee consists of Jimmy and Margaret Taylor, Chuck Trull, Steve and Connie Stephens, Kristin Reimer, Linda Barton, Janet Reese, Shirley Forbus, Elaine Johns, Kenny and Joyce Guldin and Roger Zeimet. This group works to secure sponsors and door prizes for the tournament. Special thanks to Kristin Reimer and Linda Barton for all the door prizes they secured. We had the majority of the Steel Magnolias and Men of Steel at the tournament helping to make it go as smooth as possible.

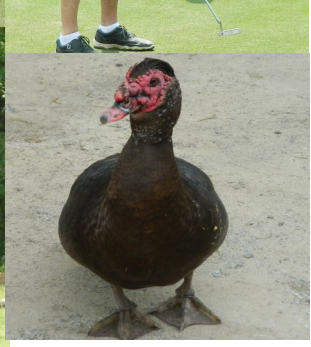
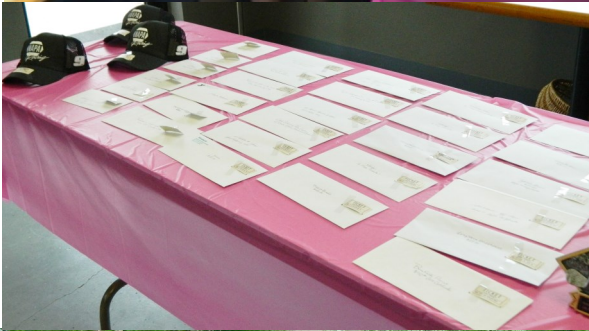
We had a total of 118 sponsors. There were 29 corporate sponsors that gave \$250 or more and 89-\$100 hole sponsors. Without these sponsors none of this would be possible. American Awards donated the trophies for all flights and The Supply Room made our signs and Banners. Thanks to Harold and Lucretia Berryhill for furnishing the golf towels. Buster Miles sponsored the Hole In One with a grand prize of \$10,000 off of a new or used vehicle at either the Chevrolet or Ford Dealerships. Sunny King Automotive Group gave out hats and bags. The Sunny King Classic discounted the eight entry certificates for first place winners. The Tyler Center had cool wet towels for the golfers as they rounded the Ninth and Eighteen holes. Thanks to Cory Etter and Pine Hill Country Club in helping us with this tournament. We had a total of 29 three man teams playing in the tournament. Thanks to everyone!!!!

April 13th 2019 started out as a cloudy day with a little drizzle at Pine Hill Country Club. The air had a nice coolness when we got to the course. The players started checking in around 8 a.m. We sold raffle tickets for an Alabama watch donated by Wes Couch and a beautiful necklace with earrings donated by Sarah Cavender. Once everyone had signed in and received their golfer's bag Corey gathered them together to go over the details of the tournament. The clouds were heavy and radar showed rain within the hour. We had several prayer warriors praying and low and behold the weather dissipated and went around us! God is good!

While the golfers were out playing, prizes were tagged with numbered tickets for them to match up when they came back in. They all had food vouchers for a hamburger from the 19th Hole restaurant there at Pine Hill. The first golfers started to return after four and a half hours of playing. After everyone was in and all the door prizes were awarded we presented the prizes. In the first flight, the first place winners were Ott Chandler, Jacob Lecroy and Lewis Lecroy. All three won entry certificates for the Sunny King Classic and trophies. First flight, second place went to Will Brown, Jessica Howard and Clay Calkins. They took home \$100 each and trophies. Second Flight first place went to Steve Perry, David Hurst and Tyler Lawson. They also won entry certificates to the Sunny King Classic and trophies. Second flight second place went to Larry Johnston, Fran Doyle and Denny Seckinger. They split \$200 and received trophies also. Longest drive went to Dalton Chandler and closest to the pin was Eddie Burks. The two wild card Sunny King Classic entry certificates went to Jessica Howard and Tim Steward by proxy. Steve Borrelli won the Alabama watch and Brenda Parker won the Sarah Cavender necklace and earrings.

The Steel Magnolia Breast Cancer Support Group came away the biggest winner with \$21,500 after all fees and prizes were paid. Thanks to all that helped and participated in the 2019 Lea Fite Memorial Golf Tournament!





I picked up a hitchhiker last night. He seemed surprised that I'd pick up a stranger and asked, "Thanks but why would you pick me up? How do you know I'm not a serial killer?"

I told him the chances of two serial killers being in one car would be astronomical.

"OLD" IS WHEN..... Your sweetie says, "Let's go upstairs and make love," and you answer, "Honey, I can't do both!"

"OLD" IS WHEN..... Your friends compliment you on your new alligator shoes and you're barefoot.

"OLD" IS WHEN..... A sexy babe catches your fancy and your pace-maker opens the garage door.

"OLD" IS WHEN..... Going bra-less pulls all the wrinkles out of your face.

"OLD" IS WHEN..... You don't care where your spouse goes, just as long as you don't have to go along.

"OLD" IS WHEN..... You are cautioned to slow down by the doctor instead of by the police.

"OLD" IS WHEN..... "Getting a little action" means I don't need to take any fiber today.

"OLD" IS WHEN..... "Getting lucky" means you find your car in the parking lot.

"OLD" IS WHEN..... An "all nighter" means not getting up to go to the bathroom.

Keep your marriage fresh by writing each other love notes like "I considered smothering you with a pillow last night but didn't.



A man left for work one Friday afternoon. Instead of going home, he stayed out the entire weekend hunting with the boys and spending all his wages. When he finally got home on Sunday night, he was confronted by his very angry wife. After two hours, she stopped nagging and said, "How would you like it if you didn't see me for two or three days?" He replied, "That would be fine with me." Monday went by and he didn't see his wife. Tuesday and Wednesday came and went with the same results. Thursday, the swelling went down just enough for him to see her a little out of the corner of his left eye.

40 OLD-FASHIONED SKILLS THAT KIDS NEED TO KNOW TODAY!

- | | |
|---|---|
| <input type="checkbox"/> How to write a letter | <input type="checkbox"/> How to make a budget |
| <input type="checkbox"/> How to make a phone call | <input type="checkbox"/> How to wait and save for something |
| <input type="checkbox"/> How to take a message | <input type="checkbox"/> How to check tire pressure |
| <input type="checkbox"/> How to get to know an older person | <input type="checkbox"/> How to ask questions to get to know someone better |
| <input type="checkbox"/> How to play with a baby | <input type="checkbox"/> How to read a map |
| <input type="checkbox"/> How to sew on a button | <input type="checkbox"/> How to find a book in the library |
| <input type="checkbox"/> How to make a genuine apology | <input type="checkbox"/> How to seek counsel from someone more experienced |
| <input type="checkbox"/> How to read slowly | <input type="checkbox"/> How to care for a pet |
| <input type="checkbox"/> How to hammer a nail | <input type="checkbox"/> How to select a gift that the receiver will appreciate |
| <input type="checkbox"/> How to shake hands | <input type="checkbox"/> How to admit a mistake |
| <input type="checkbox"/> How to introduce yourself | <input type="checkbox"/> How to set the table |
| <input type="checkbox"/> How to take notice of needs around you | <input type="checkbox"/> How to iron a shirt |
| <input type="checkbox"/> How to make scrambled eggs | <input type="checkbox"/> How to give someone the benefit of the doubt |
| <input type="checkbox"/> How to balance a checkbook | <input type="checkbox"/> How to weigh out the pro's and con's of a decision |
| <input type="checkbox"/> How to see a job through to completion | <input type="checkbox"/> How to have good table manners |
| <input type="checkbox"/> How to write a thank-you note | <input type="checkbox"/> How to read a recipe |
| <input type="checkbox"/> How to do laundry | <input type="checkbox"/> How to attend a concert or performance |
| <input type="checkbox"/> How to take care of a garden | <input type="checkbox"/> How to do something well, even if no one is watching |
| <input type="checkbox"/> How to fix something instead of replace it | <input type="checkbox"/> How to be KIND! |
| <input type="checkbox"/> How to plan a healthy meal | |
| <input type="checkbox"/> How to hang a picture | |
| <input type="checkbox"/> How to wash dishes | |



EASTER

by Donna Houston

G	I	N	K	R	L	T	N	O	I	S	S	A	P
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F	H	D	R	S	K	H	S	B	E	T	R	A	Y
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ABBA
ALIVE
ANGEL
ASCEND
BETRAY
BLOOD
BREAD
CROSS
CROWN
CRUCIFY
CUP

EASTER
ELOI
EUCHARIST
FORGIVE
GETHSEMANE
HOLY
HOSANNA
JESUS
JEW
JUDAS
KING

LIFE
NAILS
PASSION
PASSOVER
PETER
REDEEM
RESURRECTION
RISEN
SABBATH
SAVED
SEDER

SIN
SKULL HILL
SOLDIERS
SUNDAY
THORNS
TOMB
TRUTH