

Steel Magnolias

Breast Cancer Support Group, Inc.

March Winds, Temperature and Temperament

March 18, 2019

March 7, the day I started writing this Timeline, my daily calendar read:
"There liveth no man on earth who may always have rest and peace without troubles and crosses. Yield thyself willingly to them and seek only that true peace of the heart, which none can take away from thee."
Theologia Germanica



So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10

Sharing love through support

March 2019 has been a most savage month! With the 23 people awaiting memorial services because of a string of tornadoes unleashed upon S. E. Alabama, S. W. Georgia, Florida and South Carolina, with most destruction and loss of life in Lee County, Alabama, we are all uneasy about warm southern, rainy days predicted, to be followed closely by more cold northern wind! We are so ready to feel Springs warmth and made overly cautious, even frightened when wind from the south suddenly warms the air, making us more comfortable and cold north winds are moving south! The Bible says, "It rains on the just and the unjust." We must be in prayer for the grieving families and friends of the 23 souls that were taken by the horrific tornadoes!

It used to be thought that the order of a persons birth determined a great many things about that person's personality, recent studies have debunked most of those beliefs. I think and believe it to be true in my three sons, that some personality traits are hard wired in a person at birth. However, it is also true that events from our childhood shapes the adults we become. That belief very likely contributed to the idea: "The order of birth reasoning."

When I was a young mother, Tim Lahaye's book, "Spirit Controlled Temperament," went on sale in book stores. The book asks the question, "What makes me do the things I do? Then goes on to explain: "We are born with distinct strengths but also weaknesses that can hold us back." The importance of Mr. Lahaye's book is: "When we allow God to use our particular temperament, the Holy Spirit will direct our paths to people

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Like us on Facebook

Email any officer by typing
Their—first name
@steelmagnoliasinc.org

who would respond to us better than to someone with a different temperament and personality. This is why support groups are so important. Members are as diverse as our names and where we grew up.

Somedays we are sure we have done our best and some days we are ashamed of behavior. That is simply being human. Sometimes we think we did the right thing, when actually, we didn't! That is being human. We must learn to love each other, as God loves us. The Lord's prayer addresses all of this: "Our Father who is in Heaven, hallowed be you name, your kingdom come, your will be done on earth as it is in Heaven, give us this day, our daily bread and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil, for Yours is the Kingdom, the Power and the Glory forever. Amen!"

Submitted by
Lenora Johnson, Founder
Steel Magnolias Breast Cancer Support Group, Inc.

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STEEL MAGNOLIAS AND MEN OF STEEL MEETING
FEBRUARY 26, 2019

Our President, Elaine Johns, called the meeting to order. We were honored to have first time visitors, Regina and Wayne Pate and Sandra Lawler.

Minutes of the previous meeting were read. Motion made by Steve Stephens and seconded by Della McNeal that minutes be adopted as read.

Chuck presented the Treasurer's Report with February beginning balance of \$36,753.04 and ending balance of \$34,811.49.

Elaine told us that all events will be posted on the Steel Magnolias' web page. That page is www.steelmagnoliasinc.org. She also told us that events would also be listed on the Crew app.

Marti Warren then thanked the group for the support given her during Pokey's illness and his death. She explained to the group how we were a family that supported each other, not just an organization.

Jimmy Taylor gave an update on the golf tournament. As of meeting date, we have 54 sponsors with a total of \$14,955 raised. Our goal is \$25,000. Everyone was encouraged to get at least one sponsor.

Jimmy was also our guest speaker and he spoke to us about the husband's role in the wife's battle with breast cancer or any other cancer. He talked specifically about Margaret's battle with breast cancer. He told the group that this was a journey, not only for Margaret, but for him also. While he knew that he was supposed to be her greatest supporter, there were times when he felt hopeless but was able to keep hope alive with God's help. While this was his and Margaret's journey, God had walked every step with them, both in good times and bad, God was always there.

Sherry talked to us about making decisions in life and always asking, "What Would Jesus Do?" We should never make any decisions without asking ourselves those four little words. We should never face any situation without asking that same question. She handed out cards to put on our refrigerators to constantly remind us to ask that question.

Door prizes were won by the following people: Nancy Burnell, Elaine Johns, Marilyn Lawson, Steve Stephens, Wayne Pate, Elizabeth McCabe, Judy Elders, Janet Reese, Vicky Norman, and Saharah Norman.

No further business, motion was made by Linda Barton and seconded by Gloria Woosley that meeting be adjourned.

Submitted by:
Brenda Parker, Secretary



Birthdays and Survivor Years!

April 7th is Gloria Woosley's birthday and she is a 16 year survivor!

April 15th is Ina Rooks' birthday and she is a 16 year survivor!

April 17th is Barbara Trull's birthday and she is a 19 year survivor!

Upcoming Events

March 26th will be our next meeting in the private dining room at RMC. RMC will provide Baked and Fried Fish, Hush Puppies and condiments for our meal. Steel Magnolias please bring side dishes and deserts. If you have someone to add to our prayer list please call the office by Monday the 25th. We will not have a guest speaker. Everyone please bring your sponsorships for the Golf tournament. We need everyone's involvement to make this tournament a success. This is our last meeting before the tournament. We will discuss plans for the tournament at the meeting. See you there!

April 13th is the Lea Fite Golf Tournament at Pine Hill Golf Course. Included in this newsletter is a flyer to post at your work, church or any business that will let you post it. There is also a form if you would like to sponsor a hole or be a corporate sponsor. Fell free to share with someone that would like to play golf in the tournament or anyone that would like to help us by being a sponsor.

April 23rd is the next newsletter mailing day. If you have anything to put in the newsletter or if there is anything you would like to see in the newsletter, please send it to me. I would love for someone to share their journey in the newsletter. If you will, please send it to Elaine Johns c/o Steel Magnolias PO Box 2208 Anniston, AL 36202 or email it to elaine@steelmagnoliasinc.org. Remember to send in helpful tips that worked for you while going through treatments.

Helpful Tips

We have had questions concerning pH levels in the body and Cancer. You can go to a website that I have found, cancerfightingstrategies.com. You can read it and see if it is something you would like to try.

pH and Cancer Acidic pH Levels Can Lead To Cancer...Normalizing pH Can Stop Cancer In Its Tracks

Subscribe to the CURE magazine. It comes tailored to your type of cancer and it is FREE! You can also go to curetoday.com. There are great survivor stories, cancer updates, research and educational articles. There is an article for Caregivers. The article tells how a "caregiver finds themselves amid a cancer journey with little to no training". The Raymond Foundation has a workbook for caregivers called the "Cancer Caregiver Action Plan". It has two chapters. The first helps with finding and building a support system and the second offers resources and information to help in being a caregiver. You can find the Cancer Caregiver Action Plan at <https://tinyurl.com/y7bf93t>.

There is also an article about giving back, where cancer survivors volunteer in helping newly diagnosed patients! Sounds like us! I feel there are more ways we can help others on their journey. Please consider sharing your story or even how you found out how you had cancer. Share how you coped with side effects of Chemo. This can be a great source of information for cancer patients.

Submitted by Elaine Johns

STEEL MAGNOLIAS

10TH ANNUAL

LEA FITE MEMORIAL GOLF TOURNAMENT

HOSTED BY: Men of Steel

SPONSORED BY: Food Outlet

BENEFITING

STEEL MAGNOLIAS BREAST CANCER SUPPORT GROUP, INC.

April 13, 2019 at Pine Hill Golf Course

SPONSORSHIP OPPORTUNITIES:

Hole: \$100 Bronze: \$250 Silver: \$500 Gold: \$750 Platinum: \$1000
PINK: \$1250 AND UP

CONTACT NAME: _____

NAME OF BUSINESS: _____

ADDRESS: _____

PHONE NUMBER: _____

E-MAIL: _____

Mail this document with your check for your selected sponsorship to:

Jimmy Taylor
81 Amy Court
Heflin, Al. 36264
E-mail: tjimmeg63@aol.com

256-463-4313 / 256-201-3218

10th ANNUAL

LEA FITE MEMORIAL GOLF TOURNAMENT

PRESENTED BY: MEN OF STEEL

**Benefiting: Steel Magnolias
Breast Cancer Support Group, Inc.**

**Date: SATURDAY, APRIL 13th, 2019
Location: PINE HILL COUNTRY CLUB
LUNCH PROVIDED FOLLOWING TOURNAMENT**

**TEE IT HIGH,
LET IT FLY!**



**SUPPORT
THE GIRLS!**

3 PERSON TEAMS ~ 9:00 a.m. SHOTGUN START

\$65 per player/\$195 per team

If paid by April 6TH.

Entry fee includes 1 mulligan & 1 skirt

\$75 per player/\$225 per team

Day of Tournament

1st flight~1st place

Paid entry/ Sunny King Classic

1st flight ~ 2nd place

\$300

2nd flight ~ 1st place

Paid entry/Sunny King Classic

2nd flight ~ 2nd place

\$210

Prizes based on a Full Field!

SPONSORSHIP OPPORTUNITIES AVAILABLE:

PINK ~ \$1,200 AND UP

GOLD ~ \$750

BRONZE ~ \$250

PLATINUM ~ \$1,000

SILVER ~ \$500

HOLE SPONSOR ~ \$100

FOR MORE INFORMATION CONTACT:

JIMMY TAYLOR @ 256-201-3218

tjimmeg63@aol.com

Joggin' Inside

A Man Thing

A man and woman were married for many years. Whenever there was a confrontation, yelling could be heard deep into the night. The old man would shout, "When I die, I will dig my way up and out of the grave and come back and haunt you for the rest of your life!" Neighbors feared him. The old man liked the fact that he was feared. Then one evening, he died when he was 98.

After the burial, her neighbors, concerned for her safety, asked, "Aren't you afraid that he may indeed be able to dig his way out of the grave and haunt you for the rest of your life?"

The wife said, "Let him dig. I had him buried upside down...and I know he won't ask for directions."

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10 FUN FACTS

1. You can't see your ears without a mirror.
2. You can't count your hair.
3. You can't breathe through your nose with your tongue out.
4. You just tried No.3
6. When you did No. 3 you realized that it is possible, only you look like a dog.
7. You are smiling right now because you were fooled.
8. You skipped No.5.
9. You just checked to see if there is no No.5.
10. Share this with your friend so they can have some fun too!

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Husbands and Wives

A woman comes home late in the night and goes quietly in the bedroom.

To her surprise she sees male and female feet peeking out from under the blankets.

Shocked and raging, she gets her baseball bat and beats until all movement stops.

After that she goes into the living room and sees her husband laying on the sofa.

He turns to her half asleep: "Oh, you're home darling. I'm afraid we have to sleep here tonight.

My parents came for a surprise visit."

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My wife text me a selfie in a new dress and asked "Does this dress make my butt look big?"

I text back "Noo".

My phone autocorrected my response to "Moo".

Please send help!

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Husband "When I get mad at you, you never fight back. How do you control your anger?"

Wife "I clean the toilet."

Husband "How does that help?"

Wife "I use your toothbrush."

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Under Pressure

An elderly man was on the operating table, about to be operated on by his son, a famous surgeon. Just before they put him under, he asked to speak to his son: "Don't be nervous, boy, just do your best and just remember, if it doesn't go well, if something happens to me... your mother is going to come and live with you and your family.

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I leave my house a mess so when my friends visit, they go home feeling better about their own housekeeping skills. I'm just that good of a friend! Just saying!

Submitted by Brenda Parker and Elaine Johns



THE SEASON OF EASTER

Y T A T T N E P E S E H S A
D O C N M R S E F N T A T S
N B E E A B U R I A L E S F
U L R P L A S L L V J C Y O
A A E E V F P U A E P N M R
M R X R N I E T S M L A P T
P O A R C E I R S E X V M Y
Y S M S L O W R S E J R L P
R E I E N D E W O B A E A D
E D N O I T C E R R U S E R
T R E T S Y R H C H C B O T
S S T A T I O N S H S O S N
Y O E R T L A S A N U A M E
M F O L Y H A L S A F P A P

AROSE	EXAMINE	MAUNDY	RENEW
ASHES	FAST	MYSTERY	REPENT
BURIAL	FORTY	OBSERVANCE	RESURRECTION
CROSS	HOLY	PALMS	SALVATION
DEATH	JESUS	PASCHAL	SEASON
DISCIPLINE	LENT	PREPARE	STATIONS
EASTER	LIFE	REFLECT	