

Steel Magnolias

Breast Cancer Support Group, Inc.

“Cure” Magazine Information

The “Cure” magazine has been featured in our newsletter in the past. It can be found in Oncology waiting rooms and in Chemo rooms. This magazine comes out quarterly and is packed full of helpful information. It can be tailored to your type of cancer and also for caregivers.

Everyone’s journey is different and this magazine features how many of us cope living with cancer. It can give you a lot of ideas on diet, exercise and how to keep living your life during treatments. One of the main points from the stories and articles is to never give up. Sometimes it is hard to stay positive when you are sick from Chemo, but you learn what you can do and what you can’t. Having a support system is vital to you during your fight. A hard thing to do is to start depending on others to help you do things you used to do everyday. Don’t be afraid to ask! Many family members and friends feel helpless and want to help. Don’t take it for granted when someone tells you to let them know if there is anything they can do to help you. This not only helps you, but it gives them the chance to help you when they feel so helpless during your fight.

One article in the magazine was about a lady that had a form of cancer with a low survival rate. She kept on fighting and never thought about giving up. One day they had a trial on a new drug. She entered the trial and it worked and now she is living her life with cancer and not looking back. Her words to everyone fighting cancer are to not give up! You never know when there will be a break through that can help you!

Cure magazine also offers special edition publications. One is a “Cancer Guide” and the other one is the “Financial Assistance Guide“. They both were great for newly diagnosed cancer patients. You can find this on line @ curetoday.com.

If you want to help people locally, come be a part of our breast cancer support group and get inspired. It will help you focus on helping others and leave your problems behind.

Submitted by:
Elaine Johns
President

February 19, 2018



Sharing love through support

Steel Magnolias
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Anniston, AL 36207
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Email any officer by typing
Their—first name
@steelmagnoliasinc.org

Updated Information (Please print)

Name _____

Address _____

Email address _____

Phone (H) _____ Cell _____

Birth date _____ Survivor Y or N Survivor years _____



Upcoming Events

Please fill out the above form, cut it out and bring it to the next meeting. We are updating our directory, please fill it out and bring it to the meeting. Thank you!

February 27 is our next Steel Magnolias meeting. We will meet in the private dining room at RMC. Our speakers will be Margaret and Nancy and we will formally install officers. We had a small group at our last meeting due to fear of the flu and prior engagements. Please let us know if there is something you would like to see or hear about at our meetings. These meeting are for you and we hope that they are helpful in your journey with cancer and how it affects your life.

Please call the office with your prayer request by Monday the 26th. For our meal we will have spaghetti and garlic bread. Steel Magnolias please bring side dishes and deserts. Come and bring a friend!

March 19th will be our next newsletter mailing day. If you have something to go into the newsletter or if there is something you would like to see, please send it to elaine@steelmagnoliasinc.org or mail it to PO Box 2208 Anniston, AL 36202. I need jokes for the newsletter also.

March 31st is our annual bake and jewelry sale at the Quintard Mall. Get your bakers lined up to help. Gloria has a friend that has supplied us with a lot of jewelry. We have several ladies getting it ready for the sale. We will have flyers at the next meeting and we have included one in this newsletter. Please post them at your Church and local business.

April 21st is the 9th annual Lea Fite Golf Tournament at Pine Hill Golf Course. If you know of someone that would like to be a sponsor or someone that would like to play in the tournament please give them a copy of the flyer in this newsletter. We need all the help we can get. We will have more flyers at the meeting.

STEEL MAGNOLIAS MEETING
January 23, 2018

Elaine Johns, President, called the meeting to order,

Our guest speaker was Winter Triplett, Lymphedema Therapist, Tyler Center. Mrs. Triplett presented a program on lymphedema therapy. She told us that lymphedema is defined as the swelling of a body part most often affecting the extremities. It may also occur in the face, trunk, abdomen, or genital area. Lymphedema Manual Therapy is often prescribed after a mastectomy or other breast surgery to reduce swelling following the removal of the lymph nodes and/or radiation treatment. There is no cure for this disease. She told us what to look for and provided each of us with a tape measure and showed us how to measure our arms. She also relayed to us her personal breast cancer story.

Elaine then introduced a very special guest, Kelly Curley. Kelly told us she had just finished her treatment for breast cancer and was hoping by the next meeting to be cancer free.

Nancy Burdell gave us a run down of the Christmas brunch at Alexandra's. She said the only complaints she had heard were small aisles and only one bathroom. She asked if we wanted to do next year's Christmas brunch there or if anyone had any other suggestions. None were made.

Chuck Trull gave us financial reports for Oct, Nov, and Dec. The following ending balances were recorded:

Oct - \$28,552.33

Nov - \$27,776.65

Dec - \$26,798.32

Jan - \$26,322.97 (as of meeting date)

Sherry Grinstead gave us a devotion on the sanctity of life. This was the anniversary of Roe vs Wade. She emphasized that our God is not a God of mistakes and made each of us special. She then related the story of abortion from the child in the womb's perspective.

Susan Dupree and Kenny Guldin won the door prizes.

Next meeting will be Feb 27, 2018.

No further business, motion was made by Steve Stephens, seconded by Nancy Burnell for the meeting to be adjourned.

Submitted by: Brenda Parker
Secretary





Birthdays and Survivor Years!

February 27th is Paula Atkins' birthday and she is a survivor!

February 27th is Linda Barton's birthday and she is a volunteer.

March 8th is Elaine Johns' birthday and she is a 6 year survivor!

March 15th is Cheryl Anthony's birthday and she is a volunteer.



CELEBRATE More Birthdays!



Steel Magnolias *Breast Cancer Support Group, Inc.* **9th Annual**

Lea Fite Memorial Golf Tournament
Saturday, April 21, 2018 • Pine Hill Country Club

HOSTED BY: Men of Steel • SPONSORED BY: **Food Outlet**

BENEFITING

Steel Magnolias

Breast Cancer Support Group, Inc.
www.steelmagnoliasinc.org

**Lunch provided
following tournament
9:00 AM Shotgun Start**

3 PERSON TEAMS

\$65 per player includes:

1 mulligan and 1 skirt
if paid by April 14th

\$75 per player after April 14th



Prizes Based on a Full Field

1st Flight

1st Place Team:

Paid entry to Sunny
King Classic

2nd Place Team: \$300

2nd Flight

1st Place Team:

Paid entry to Sunny
King Classic

2nd Place Team: \$200

Hole in One

\$10,000 toward
purchase of new or
used vehicle from
Buster Miles in Heflin.

SPONSORSHIP OPPORTUNITIES:

Hole: \$100 • Bronze: \$250 • Silver: \$500

Gold: \$750 • Platinum: \$1000 • PINK: \$1250 AND UP

For more information, please contact:
Jimmy Taylor at 256-201-3218 or tjimmeg63@aol.com

Player Registration

Name: _____

Phone: _____

Name: _____

Phone: _____

Name: _____

Phone: _____

Entry Fee

Early Registration by 4/14
\$65 per player

After April 4/14
\$75 per player

Tee Time: 9:00 AM
Lunch will be served
following tournament

Mail completed Entry Form
and Entry Fee to:

Jimmy Taylor
81 Amy Court • Heflin, AL 36264

Email: tjimmeg63@aol.com
Phone: 256-201-3218

**Please make checks payable to
Steel Magnolias**

Joggin' Inside

Empty Nesting

At an ecumenical round-table discussion, various religious leaders tried to answer the question "When does life start?"

"At conception," said the Catholic priest.

"No, no," said the Presbyterian minister.

"It begins at birth."

"It's in between," said the Baptist.

"Life begins at 12 weeks when the fetus develops a functional heartbeat."

"I disagree with all of you," said the rabbi.

"Life begins when your last child leaves home and takes the dog with him."

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Through a child's eyes

Dear God,

Thank you for the baby brother, but what I
prayed for was a puppy.

Joyce

Dear God,

If you watch in Church on Sunday I will
show you my new shoes.

Mickey D.

Dear God,

In the Bible times did they really talk that
fancy?

Jennifer

Accepting Money

The phone rings at the synagogue office.

"Hello, is this Rabbi Schwartz?"

The caller asked.

"It is."

"This is the Internal Revenue Service.

We wonder if you can help us."

"I'll try."

"Do you know Herman Cohen?"

"I do."

"Is this man a member of your
congregation."

"He is."

"Did he donate \$10,000?"

"He will."



**SATURDAY
MARCH
31ST**



**Steel Magnolias Breast Cancer
Support Group
Annual Bake and Jewelry Sale**

Quintard Mall

Next to Bath and Body Works

9:00 am –5:00 pm

Baked Goodies

Just in time for Easter

Great Jewelry selections

From Marti's Collection

For Easter & Mother's Day

*Steel Magnolias
Breast Cancer Support Group, Inc*

CREATURES MENTIONED IN THE BIBLE

O C A M S U O P E L G A E T
 I A W H C N F X E F J E L I
 L M E P O L E T N A S O E B
 E E A S Y R A V C O C G G B
 P L S L U W S K A U O O W A
 A E E T L O A E S R R D C R
 R Q L G U L M T L F P E G K
 D U Y I H F U A B W I D E B
 V A E P C N V B Y B O R M D
 E I K L I A U Q E X N A A K
 L V N C R E N X N M L P R C
 I G O A T E S I O T R O T A
 O R D D S H Y L C K T E W J
 N I K R O X E N A S E L D O

ANTELOPE

FLY

MOLE

RAVEN

BEE

FROG

OSTRICH

SCORPION

BULL

GOAT

OWL

SHEEP

CAMEL

IBEX

OXEN

STORK

CONEY

JACKAL

PEACOCK

TORTOISE

DEER

LAMB

QUAIL

VULTURE

DOVE

LION

RABBIT

WEASEL

EAGLE

LOCUST

RAM

WOLF