Steel Magnolias

Breast Cancer Support Group, Inc.

New Ideas In 2025!

2024 was good to the Steel Magnolias. I want to take this time to thank all our supporters from the smallest donation to the corporate donations. We appreciate them all and could not do what we do without them. The Lord has blessed our group with caring supporters. Thank you!

Wow, can you believe it is 2025? Let us move forward this year and find other ways to help breast cancer patients. We are always looking for volunteers and anyone who would want to help. We are looking for ideas and would like some suggestions that are feasible for us to do.

At this present time, we send care packages to newly diagnosed breast cancer patients when we know about them. The chaplains service also delivers them to patients in RMC the day of surgery. The care package contains items needed for your hospital stay along with a soft night cap, drain bag holders if you have a mastectomy and a pillow for under your arm. We also include a Jesus Calling devotional, a work search puzzle book, and other reading materials. If we are missing something needed in our care package that would be of assistance after surgery, please help us by letting us know. You can call the office at 256-231-8827 or email elaine@steelmagnoliasinc.org. If you have someone who has been diagnosed and is facing surgery, please contact us and we will send them a care package. We will mail our care packages anywhere; they are not limited to Alabama.

We have our "Pinks" boutique across from our office that is stocked with wigs, bras, prosthesis, and hats of different designs. We have snacks that we provide in 4th floor oncology, 2nd floor radiation oncology, Clearview Cancer oncology, and Alabama Cancer Care Center oncology for patients during treatments.

We have monthly meetings the 4th Tuesday of every month other than November and December. We have a meal and try to have speakers at each meeting who would be beneficial to our members. If you want to join us, if you have ideas, if you want to help others, please come to our meetings.



January 20, 2025



Steel Magnolias P.O. Box 2208 Anniston, AL 36202

Lenora Johnson, Founder Nancy Burnell, Executive Director nancybunell@gmail.com Editor: Elaine Johns elaine@steelmagnoliasinc.org

Nancy Burnell, President Brenda Parker and Cynthia McGinnis, Co-Vice President Ronda Terrell, Secretary Pat Yates, Treasurer Chaplains: Gloria Woosley & Sherry Grinstead RMC Chaplain, Jim Wilson Elaine Johns, Photographer

Pinks Boutique: For Appointment call our Office @ 256-231-8827 Physicians Center, STE 407 901 Leighton Ave. Anniston, AL 36207

www.steelmagnoliasinc.org

Like us on Facebook

Sharing love through support!

Email us at support@steelmagnoliasinc.org

Christmas Brunch 2024

I really hope everyone who came enjoyed themselves this year and we sure did miss everyone who was not able to attend. We started out with our entertainment and they had us rocking and clapping to some 60's and 70's music. Mike Stinson and Susan Landress had an outstanding performance. President Elaine Johns welcomed everyone and Chaplain Jim Wilson spoke to the group. He recalled the beginning of the group and how far we have come. He blessed our meal and we sat down to a wonderful brunch. Amy's Catering from Rainsville Alabama catered our meal.

We then played "What's in the Stocking," everyone made a list of things you use or that is associated with Christmas. Pat Yates' granddaughter, Cecilia McGuffin won the prize having the most items on her list of the things in the stocking.

Next Margaret recognized the ladies who work in the office each week. She also shared the numbers for the clients we helped in Pinks and the number of care packages we provided this past year.

Elaine recognized everyone who helps with the newsletter each month.

Elaine recognized our volunteer of the year. This year the award goes to Gloria Woosley. Gloria takes care of making sure the newsletters are folded, stuffed, and addressed each month. She also is faithful to call everyone to remind them of the upcoming meetings or anything else we have going on. Congratulations Gloria!

Jenny then shared a story from a book "Song of The Stars." The story tells how the birth of Jesus was known by all creation.

Mike and Susan entertained us again with gospel and Christmas songs. Did I say they had an outstanding performance.

We recognized our Veterans, Jimmy Taylor, Chuck Trull, Eric Trull, Chuck Buchmann, Walter Lawson, and Jim Wilson. Thank you for your service.

We honored the memory of Nancy Gillespie and Brandon Rich.

Jay Young and Nancy Burnell had some fun crowning Miss America.

We had several door prizes we drew for and items on the tables for everyone to take home with them.

Nancy gave closing remarks.

Walter closed us with prayer.

Special thanks to Christie Renfroe for helping us with the Banquet Room at Oxford Library and many thanks for all assistance given by the Oxford Library.



Page 3



Robin's Cream Corn

20-30 oz frozen corn 1-8oz cream cheese ½ c butter ½ c milk or half & half 1 tbl sugar 1 tsp salt ½ tsp pepper

Put all ingredients in Crock pot.
Cook 2-4 hrs on high or 4-6 on low

President's Corner

It is a new year and we have installed new officers this year. Our group is growing and we have so many opportunities to make life better for breast

cancer patients. I want ideas for our newsletters that will provide useful information to maybe answer questions that are concerning to cancer patients. I need jokes for the newsletter to brighten someone's day. I need helpful tips that someone is looking for. I want to find new ways to help others to navigate this journey. I want people to partner with us and to bring new ideas to add to our services.

Let's not forget what this Support Group was founded on.

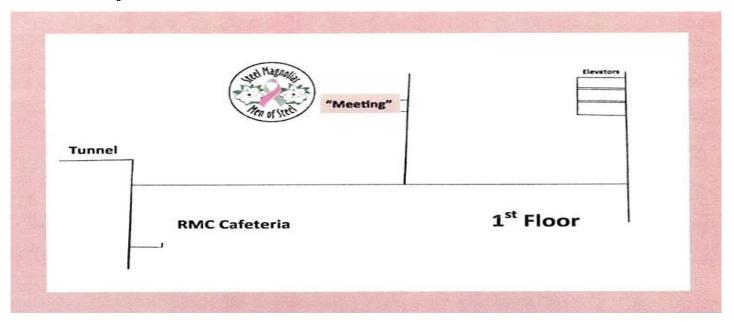
The Prayer of Jabez
Oh, that You would
Bless me indeed, and
Enlarge my Territory,
that Your hand would
Chronicles Be with me,
4:10 and that You would
Keep me from Evil,
that I may not cause pain!

Birthdays and Anniversaries

October 21st was Della McNeal's birthday and she is a 3&2-year survivor! November 26th was Christie Renfroe's birthday and she is a volunteer December 7th was Jenny Whitman's birthday and she is a volunteer December 9th was Kenny Guldin's birthday and he is a man of steel December 17 was Judy Elder's birthday and she is a 28-year survivor! December 26th was Pam Staples' birthday and she is a 7-year survivor! January 7th was Janet Reese's birthday and she is a 25-year survivor! January 11th was Jessie Rhodes' birthday and she is a volunteer January 18th was Vickie Norman' birthday and she is a volunteer January 22nd is Elizabeth McCabe's birthday and she is a 28-year survivor! February 18th is Margaret Taylor's birthday and she is a 20-year survivor!

Upcoming Events

January 28th is our next Steel Magnolias meeting in the private dining room at RMC. RMC will provide our meal and we will have macaroni and cheese with chicken fingers; Steel Magnolias please bring side dishes and desserts. Our guest speaker will be Donnie Valentin, RDN who is the Dietitian at RMC. So have your questions ready! Everyone please plan to attend and bring a friend! Here is a map to get to the meeting is this is your First time to join us.



February 17th will be the next newsletter mailing day. If you have any information that needs to go in the newsletter please submit it by February 11th to <u>elaine@steelmagnoliasinc.org</u> or mail it to Steel Magnolias PO Box 2208, Anniston, AL 36202.

May 10^{th} is our 15^{th} Annual Lea Fite Golf Tournament at Pine Hill. More information to follow.

"Our Services Condensed"

- Monthly Group Meetings on the 4th Tuesday of every month except July, November and December.
- "Pinks Boutique" stocked with mastectomy bras, breast prosthesis, knitted knockers, wigs, hats and scarves free to cancer patients.
- Care packages for newly diagnosed breast cancer patients
- Dining Vouchers for two family members of any cancer patient in surgery at Regional Medical center in RMC's cafeteria.
- Snacks are provided in RMC's oncology and radiation oncology departments. They are also provided in Clearview Cancer oncology room.
- Breast Cancer Awareness Program is available to girls in grades 7-12. This program is taught in the school by a trained volunteer under the supervision of a Registered Nurse.
- Speakers Bureau: speakers available to civic clubs and churches.
- Newsletter, we publish a monthly newsletter that is informative and inspirational. It contains upcoming events along with jokes and a word search puzzle.
- Website: www.steelmagnoliasinc.org and like us on fb
- Men of Steel are the husbands, friends and family members of breast cancer survivors.
- Prayer Ministry

Ways You Can Help

- Volunteer
- · Attend our meetings and get involved with us
- Volunteer to work in our office and help with our fundraising events
- Contribute: all contributions are tax deductible, we are a 501c3 tax exempt organization. Donations can be mailed to Steel Magnolias Breast Cancer Support Group, PO Box 2208 Anniston, Al 36202. All Contribution are used to provide services to breast cancer patients who reach out to us.
- Pray for our ministry.

I asked my wife why she married me. She said. "because you're so funny and make me laugh so much." I told her I thought it was because I was so charming and good looking. She replied. "See? You're hilarious!"

An elderly man thinking his wife was losing her hearing went about 20' behind her and asked "Can you hear me sweetheart?' No reply. Moved to 10' and inquired again. No reply. 5' and not a word. A few inches behind ear, he asked "Can you hear me now honey"? His wife said "For the fourth time, yes."

Why did Noah have to discipline the chickens on the Ark? Because they were using fowl language.

I once asked my math teacher if we will ever use Algebra in life. He said, "You won't but one of the smart kids might!"

Chemistry teacher: "What is barium?"

Student: "It's what you do after you killum."

I got pulled over by
the police today. I was
apparently his first speeder
because when he got to my
window he said, "I've been
waiting all day for you."
I said "I got here as fast as
I could." He let me go.

My wife makes us put \$5 in the "find jar" every time we make her find something we can't locate in the house.

After 4 months of saving, today we are going on a Disney vacation!

Riverdance was invented by an Irish family with 7 kids but only one toilet.

Breast Cancer 101

P	D	Y	Н	R	Е	C	N	A	C	I	S	E	R
L	I	F	Е	Е	Е	D	U	Y	D	R	U	G	S
N	W	L	R	M	L	Y	F	Е	V	Е	R	I	Н
Е	A	T	U	A	0	P	A	N	F	E	V	A	Y
Y	N	S	В	A	С	T	Е	R	I	A	I	T	A
V	I	Е	В	J	0	S	I	U	P	R	V	Н	D
С	Е	R	R	Н	S	Е	N	0	M	R	0	Н	Н
Н	Т	V	Е	Y	N	L	F	J	N	P	R	S	Т
Е	Y	A	A	D	R	A	Е	V	Е	U	A	M	R
A	L	N	S	R	0	T	С	0	D	L	R	0	I
S	N	X	T	A	В	R	T	W	F	R	M	S	В
Е	U	G	I	T	A	F	I	Т	I	U	U	R	Е
С	U	R	Е	Е	C	G	0	J	Н	T	I	A	F
0	I	N	F	R	S	Н	N	A	M	E	Н	С	Y

The Water Pistol My five year old son squealed with delight when he opened his birthday present from his grandmother. It was a water pistol. He promptly ran to the sink to fill it. "Mom," I said. "I'm surprised at you. Don't you remember how we used to drive you crazy with water pistols?" My mom smiled and said, "Yes, I remember."

ANGER ANXIETY **BACTERIA** BALD BIRTHDAY BRAVE. BREAST CANCER CHEMO CURE **DOCTORS** DRUGS **EMOTION** FAITH **FATIGUE** FEAR **FEVER** FRIENDS HAIR HEAL HELP HOPE **HORMONES** HOTFLASH HUMOR **HYDRATE INFECTION JOURNEY** LIFE MUSIC NURSE PRAYER RELAY REST SCARF SURVIVOR

WIGS